

Hangin' Memories

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Rebecca Heyman - July 2007
音樂: Free and Easy (Down the Road I Go) - Dierks Bentley



VINE RIGHT & HEEL TOUCH, CROSSING SHUFFLE, LEFT TOGETHER

1-2 Step right to side, cross left behind right
&3-4 Side right to side, touch left heel diagonally forward, step left together
5&6 Cross right over left, step left to side, cross right over left
7-8 Step left to side, touch right together

SKATES, CROSS, UNWIND, SHUFFLE LEFT

1-2-3-4 Skate right, skate left, skate right, skate left
5-6 Cross right over left, unwind ½ to left (weight to right)
7&8 Shuffle forward left, right, left

HEEL JACKS RIGHT & LEFT WITH PUMP

1&2& Touch right heel diagonally forward, step right together, touch left heel diagonally forward, step left together
3&4& Touch right heel diagonally forward, hitch right knee, touch right heel diagonally forward, step right together
5&6& Touch left heel diagonally forward, step left together, touch right heel diagonally forward, step right together
7&8 Touch left heel diagonally forward, hitch left knee, touch left heel diagonally forward

FEET APART, CLAP, FEET TOGETHER, CLAP, ROTATE HIPS

&1-2 Step left to side, step right to side, clap
&3-4 Step left home, step right together, clap
5-6-7-8 Rotate hips 2 turns around to the left

SCISSOR JACKS (APART & CROSS & TOUCH & CROSS & TOUCH TOGETHER APART HOME)

&1&2 Step left to side, step right to side, step left to home, cross right over left
&3&4 Step left to side, touch right heel out diagonally, step right together, cross left over right
&5&6 Step right to side, touch left heel out diagonally, step left together, step right together
&7-8 Step left to side, step right to side, step left to home

SAILOR SHUFFLES WITH TURN ¼ LEFT, ROCK FORWARD & BACK

1&2 Cross right behind left, step left to side, step right to side
3&4 Cross left behind right, turn ¼ left and step right to side, step left together
5-6-7-8 Rock right forward, recover to left, rock right back, recover to left

TAG: Repeat steps 25-32 on 1st, 4th and 6th rotations

BREAK: 4 counts after third tag (6th rotation):

1-2-3-4 Touch left heel in place, touch left heel in place, step left in place, hold
Immediately following break begin dance again from count 9