

Tell On You

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gary Lafferty (UK) - July 2007
音樂: Your Cheatin' Heart - LeAnn Rimes



8-count intro

HEEL FORWARD , TOE BACK , RIGHT SHUFFLE FORWARD ;LEFT ROCKING CHAIR

1-2 Touch Right heel forward , touch Right foot back
3&4 Step forward on Right foot , step on Left foot beside Right , step forward on Right foot
5-6 Rock forward on Left foot , recover weight back onto Right foot
7-8 Rock back on Left foot , recover weight onto Right foot

TRAVELLING HEEL-GRINDS FORWARD ;ROCK , RECOVER , TRIPLE ¾ TURN

1-2 Touch Left heel forward with toes turned in, turn toes out taking weight onto full Left foot flat on floor
3-4 Touch Right heel forward with toes turned in, turn toes out taking weight onto full Right foot flat on floor
5-6 Rock forward on Left foot ,recover weight back onto Right
7&8 Shuffle ¾ turn in place over Left shoulder stepping Left-Right-Left

GRAPEVINE to RIGHT with STEP TOGETHER ;FAN LEFT FOOT TWICE

1-2 Step to Right on Right foot ,cross-step Left foot behind Right
3-4 Step to Right on Right foot ,step on Left foot beside Right (weight remains on Right foot)
5-6 Fan toes of Left foot to Left side , fan toes of Left foot back to centre
7&8 Fan toes of Left foot to Left side , fan toes of Left foot back to centre

SYNCOPATED GRAPEVINE to LEFT ;ROCK BACK , RECOVER , STEP FORWARD , ½ TURN

1-2 Step to Left on Left foot ,cross-step Right foot behind Left
& Step to Left on Left foot
3-4 Cross-step Right foot over Left ,step to Left on Left foot
5-6 Rock back on Right foot , recover weight onto Left foot
7-8 Step forward on Right foot , pivot ½ turn to Left

START AGAIN

Music available on the LeAnn Rimes album 'LeAnn?' or download the track from Itunes (79p)

The album is available from www.amazon.co.uk from £1.56 (new & used section) or from www.hmv.co.uk

The album also contains music for the dances 'Go To Pieces?' (Keith Cross) & 'Let's Make A Deal?' (Peter Metelnick)

Alternative floor-splits for this dance ? 'Heartbreak Express?' or 'Rio?'