

1st Cha Cha

拍數: 32 牆數: 2 級數: Beginner
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音樂: 26 Miles - The Four Preps



FORWARD, BACK, CHA, CHA, CHA, BACK, FORWARD, CHA, CHA, CHA

1-2 Rock left forward, recover onto right
3&4 Step left together, step right together, step left together
5-6 Rock right back, recover onto left
7&8 Step right together, step left together, step right together

¼ RIGHT, CHA, CHA, CHA, ROCK RIGHT, RECOVER, CHA, CHA, CHA

1-2 Step left forward, turn ¼ right (weight to right)
3&4 Step left together, step right together, step left together
5-6 Rock right to side, recover onto left
7&8 Step right together, step left together, step right together

STEP, PIVOT, STEP, TOUCH, STEP, PIVOT, STEP, TOUCH

1-2 Step left forward, turn ½ right (weight to right)
3-4 Step left forward, touch right together
5-6 Step right forward, turn ½ left (weight to left)
7-8 Step right forward, touch left together

ROCK LEFT, RECOVER, CHA, CHA, CHA, ROCK RIGHT, RECOVER, ¼ SAILOR

1-2 Rock left to side, recover onto right
3-4 Step left together, step right together, step left together
5-6 Rock right to side, recover onto left
7-8 Turn ¼ right and cross right behind left, step left to side, step right together
