

Ain't Gonna Wait 4 U

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Intermediate/Advanced
編舞者: Maria Louise Gill (UK)
音樂: Love Ain't Gonna Wait For You - S Club 7



RIGHT STOMP KICK, RIGHT COASTER, LEFT & RIGHT HEEL SWITCHES

1-2 Right stomp kick
3&4 Right coaster step
5&6& Left heel - right heel
7-8 Left heel hook

LEFT SHUFFLE, ½ TURN RIGHT, ½ TURN RIGHT, ½ TURN SHUFFLE

1&2 Shuffle left right left
3-4 Rock forward right recover on left
5-6 Turn ½ right, step on left ½ turn right
7&8 Turn ½ right as you shuffle right left right

LEFT STOMP KICK, LEFT COASTER, RIGHT & LEFT HEEL SWITCHES

1-2 Left stomp kick
3&4 Left coaster step
5&6& Right heel - left heel
7-8 Right heel hook

RIGHT SHUFFLE, ½ TURN LEFT, ½ TURN LEFT, ½ TURN SHUFFLE

1&2 Shuffle right left right
3-4 Rock forward on left recover right
5-6 Turn ½ left, step on right ½ turn left
7&8 Turn ½ right as you shuffle left right left

RIGHT & LEFT TOE POINTS - ½ TURN HITCHES (4 SMALL HITCH TOUCHES)

1-2 Point right to right side replace
3-4 Point left to left side replace
5-6 Hitch right turn 1/8 left, hitch right turn 1/8 left
7-8 Hitch right turn 1/8 left, hitch right turn 1/8 left

STEP TOUCHES, ROCK RIGHT, RIGHT KICK BALL CHANGE

1-2 Step right to right side touch left foot behind
3-4 Step left to left side touch right behind
5-6 Rock right recover
7&8 Right kick ball change (you will be slightly angled to the left corner)

CROSS ROCK, CROSS ROCK, ½ TURN LEFT, HITCHES

1&2 Cross right over left (mambo)
3&4 Cross left over right (mambo) turning ¼ turn
5-6 Turn ½ left
&7&8 Two right knee hitch touches making ¼ turn left

WEAVE LEFT, RIGHT HEEL JACK, LEFT CROSS ROCK, ¾ TURN LEFT

1-2 Right over left, step left to left
3&4 Step right behind left, step left to left, right heel jack
&5-6 Cross left over right (stepping back ¼ on right)

7&8 Turn ½ shuffle left right left

RIGHT KICK BALL CHANGE, KICK RIGHT OUT/LEFT OUT, SKATE RIGHT, SKATE LEFT, RIGHT CHASSE

1&2 Right kick ball change
3&4 Right kick (out-out right left)
5-6 Skate right - skate left
7&8 Chasse right

SKATE LEFT, SKATE RIGHT, ROCK LEFT OVER RIGHT ¼ TURN LEFT, RIGHT MAMBO, LEFT COASTER

1-2 Skate left skate right
3&4 Rock left over right recover turn ¼ left
5&6 Right mambo
7&8 Left coaster

REPEAT
