

Ain't Fooling Nobody

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John "Growler" Rowell (UK)
音樂: You Ain't Foolin' Nobody - Vince Gill



TOE-HEEL-CROSS, ¼ TURN SWIVEL, MAMBO CROSS, ½ TURN SWIVEL

1& Touch right toe to left instep, touch right heel to left instep
2 Step right over front of left
3 Swivel both heels quarter turn to right
& Swivel both heels quarter turn to left
4 Swivel both heels quarter turn to right
5&6 Rock left to left, recover right, cross left over front of right
7 Swivel both heels quarter turn to left
& Swivel both heels quarter turn to right
8 Swivel both heels half turn to left

RIGHT COASTER, FULL TURN, STEP-LOCK-STEP, ROCK-RECOVER

1&2 Step back right, step left next to right, step forward right
3 Pivot half right on ball of right stepping back left
4 Pivot half right on ball of left stepping forward right
Alternative 3,4: step forward left, lock right behind left
5&6 Step forward left, lock right behind left, step forward left
7-8 Rock forward right, recover left

1 ½ TURN, ROCK-STEP, LOCK-STEP-HEEL, &-STEP-LOCK-STEP

1 Pivot half turn to the right on ball of left stepping forward right
& Pivot half turn to the right on ball of right stepping back left
2 Pivot half turn to the right on ball of left stepping forward right
Alternative 1&2: half turn shuffle right, left, right (to the right)
3-4 Rock forward left, long step back on right
5&6 Lock left over front of right, step back right, tap left heel forward
&7 Step left next to right, step forward right
&8 Lock left behind right, step forward right

TAP-FORWARD, SIDE, SAILOR ½ TURN, RIGHT, TAP, SIDE-BEHIND-SIDE

1-2 Tap left toe forward, tap left toe to left
3& Cross left behind right, step right quarter turn left
4 Step left quarter turn left
5-6 Step right to right, tap left behind right
7&8 Step left to left, cross right behind left, step left to left

REPEAT