

# Ain't Dancin' Long Like This

**COPPER** KNOB  
BY STEPHEN T. C.

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Steve Hart (USA)  
音樂: Ain't Livin' Long Like This - Andy Griggs



This dance was written especially for beginning dancers to begin to use variations

## CROSS ROCK, STEP, HOLD, CROSS ROCK, STEP, HOLD

1-2            Step right foot in front of left, rock onto left foot  
3-4            Step right foot together, hold  
5-6            Step left foot in front of right, rock onto right foot  
7-8            Step left foot together, hold

## RIGHT VINE WITH TOUCH, LEFT VINE WITH TOUCH

9-10           Step right foot to right side, cross left foot behind right  
11-12          Step right foot to right side, touch left foot together  
13-14          Step left foot to left side, cross right foot behind left  
15-16          Step left foot to left side, touch right foot together

## STEP, HALF, SHUFFLE, STEP, QUARTER, SHUFFLE

17-18          Step right foot forward, pivot half turn left  
19&20          Right shuffle forward (right, left, right)  
21-22          Step left foot forward, pivot quarter turn right  
23&24          Left shuffle forward

## TOE STRUTS

25-26          Step right toe forward, drop right heel to floor  
27-28          Step left toe forward, drop left heel to floor  
29-30          Step right toe forward, drop right heel to floor  
31-32          Step left toe forward, drop left heel to floor

## REPEAT

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