

After Midnight

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Judy McDonald (CAN)
音樂: Walkin' After Midnight - The GrooveGrass Boyz



RIGHT STEP, LEFT STEP, RIGHT TOUCH FRONT, RIGHT TOUCH BACK

- 1-2 Step right forward, step left forward
- 3& Touch right forward and bump hips right, left
- 4& Touch right back and bump hips right, left
- 5-6 Step right forward, step left forward
- 7& Touch right forward and bump hips right, left
- 8& Touch right back and bump hips right, left

The above steps for 3&4& as well as 7&8& are funky little moves similar to a rock-step. They could actually be done as rock-steps if you prefer. Or try jumping your feet apart while making a turn $\frac{1}{4}$ left, then jump together facing front, then jump apart while making turn $\frac{1}{4}$ right, then jump together facing front

RIGHT DIAGONAL SHUFFLE BACK, LEFT COASTER-STEP RIGHT AND LEFT HIP BUMPS, RIGHT HEEL-BALL-CHANGE

- 1&2 Step right diagonally back, step left together, step right diagonally back
- 3&4 Step left back, step right together, step left forward
- 5&6& Touch right slightly forward and bump hips right, left, right, left
- 7&8 Touch right heel forward, step right together, step left forward

RIGHT TRIPLE STEP, ROCK-STEP-TURN, RIGHT TRIPLE STEP, ROCK-STEP-TURN

- 1&2 Step right forward, step left together, step right forward
- Steps 1&2 are more of a cha-cha with hip action. You're really not traveling very much
- 3&4 Rock left forward, recover to right, turn $\frac{1}{4}$ left and step left to side
 - 5&6 Step right forward, step left together, step right forward
- Steps 5&6 are more of a cha-cha with hip action. You're really not traveling very much
- 7&8 Rock left forward, recover to right, turn $\frac{1}{4}$ left and step left to side

SIDE TOUCH, TOGETHER, HEEL FORWARD, STEP TOGETHER, ROCK-STEP, STEP TOGETHER

- 1& Touch right to side, touch right together
- 2& Touch right heel forward, step right together
- 3&4 Rock left to side, recover to right, step left together
- 5& Touch right to side, touch right together
- 6& Touch right heel forward, step right together
- 7&8 Rock left to side, recover to right, step left together

REPEAT

Last Update - 29 Sept. 2022