

After Hours

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Karen Hadley (UK)
音樂: After Hours at McGann's - Gaelic Storm



Dedicated to my little boy Aidan for his 1st birthday

STOMP, HOLD, BALL-STEP, BALL-STEP, ROCK, STEP, ½ SHUFFLE TURN LEFT

1-2 Stomp right forward, hold
&3 Step ball of left behind right, step forward on right
&4 Step ball of left behind right, step forward on right
5-6 Rock forward on left, rock back onto right
7&8 Shuffle step ½ turn left, stepping: left, right, left

STOMP, HOLD, BALL-STEP, BALL-STEP, ROCK, STEP, ½ SHUFFLE TURN LEFT

9-10 Stomp right forward, hold
&11 Step ball of left behind right, step forward on right
&12 Step ball of left behind right, step forward on right
13-14 Rock forward on left, rock back onto right
15&16 Shuffle step ½ turn left, stepping: left, right, left

CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

17-18 Cross rock right over left, rock back onto left
19&20 Step right to right, step left beside right, step right to right
21-22 Cross rock left over right, rock back onto right
23&24 Step left to left, step right beside left, step left to left

JAZZ BOX ¼ TURN RIGHT, STOMP, STOMP, OUT-IN-OUT (OPTIONAL: APPLEJACKS)

25-26 Cross step right over left, step back on right
27-28 Step right ¼ turn right, step left beside right
29-30 Stomp right forward, stomp left behind right (third position)
31-32 Swivel both heels: out, in, out

Optional: steps 29-32 can be replaced with stomps right and left in place, followed by applejacks to left then right

STOMP, SCUFF, BALL-CHANGE, STEP, ROCK, STEP, COASTER STEP

33-34 Stomp right forward, scuff left forward
&35 Step ball of left beside right, step right in place
36 Step forward on left
37-38 Rock forward on right, rock back onto left
39&40 Step back on right, step left beside right, step forward on right

ROCK, STEP, ½ SHUFFLE TURN LEFT, FULL TURN LEFT, 2 WALKS FORWARD

41-42 Rock forward on left, rock back onto right
43&44 Shuffle step ½ turn left, stepping: left, right, left
45 On ball of left ½ turn left stepping back on right
46 On ball of right ½ turn left stepping forward on left
47-48 Step forward on right, step forward on left

REPEAT