

# After 8

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Oli Geir (ICE)  
音樂: 9 To 5 - Dolly Parton



## HEEL BALL, HEEL BALL, HEEL BALL STEP, MAMBO STEP, COASTER STEP

1&            Step on right heel diagonally right, step left behind right  
2&            Step on right heel diagonally right, step left behind right  
3&4          Step on right heel diagonally right, step left behind right, step forward right  
5&6          Rock forward on left, recover onto right, step left beside right  
7&8          Step back right, step left beside right, step forward right

## PIVOT ½ TURN RIGHT, CHASSE ½ TURN RIGHT, ROCK STEP, PIVOT ¾ TURN LEFT

1-2           Step forward left, pivot ½ turn right  
3&4          Step left in to chasse ½ turn right stepping left, right, left  
5-6          Rock back on right, recover onto left  
7-8          Step forward right, pivot ¾ turn left

## HEEL STRUT, TOE STRUT 2X, SCISSOR STEP, STEP BACK, PIVOT ½ TURN RIGHT

1&            Step on right heel to side, drop toe taking weight  
2&            Step on left toe behind right, drop heel taking weight  
3-4          Repeat 1&2&  
5&6          Step right to right, step left beside right, cross right over left  
7-8          Step left back and pivot ½ turn right, step forward right

## PIVOT ½ TURN RIGHT, LOCK STEP, STEP PIVOT ½ TURN LEFT, STEP, LOCK STEP

1-2           Step forward left, pivot ½ turn right  
3&4          Step forward left, step right behind left, step forward left  
5&6          Step forward right, pivot ½ turn left, step forward right  
7&8          Step forward left, step right behind left, step forward left

## REPEAT

## TAG

Danced at end of third wall (3:00)

1-6           Steps 1-6 of section 1  
7-8          Rock back on right, rock forward left