

After 8

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Oli Geir (ICE)
音樂: 9 To 5 - Dolly Parton



HEEL BALL, HEEL BALL, HEEL BALL STEP, MAMBO STEP, COASTER STEP

1& Step on right heel diagonally right, step left behind right
2& Step on right heel diagonally right, step left behind right
3&4 Step on right heel diagonally right, step left behind right, step forward right
5&6 Rock forward on left, recover onto right, step left beside right
7&8 Step back right, step left beside right, step forward right

PIVOT ½ TURN RIGHT, CHASSE ½ TURN RIGHT, ROCK STEP, PIVOT ¾ TURN LEFT

1-2 Step forward left, pivot ½ turn right
3&4 Step left in to chasse ½ turn right stepping left, right, left
5-6 Rock back on right, recover onto left
7-8 Step forward right, pivot ¾ turn left

HEEL STRUT, TOE STRUT 2X, SCISSOR STEP, STEP BACK, PIVOT ½ TURN RIGHT

1& Step on right heel to side, drop toe taking weight
2& Step on left toe behind right, drop heel taking weight
3-4 Repeat 1&2&
5&6 Step right to right, step left beside right, cross right over left
7-8 Step left back and pivot ½ turn right, step forward right

PIVOT ½ TURN RIGHT, LOCK STEP, STEP PIVOT ½ TURN LEFT, STEP, LOCK STEP

1-2 Step forward left, pivot ½ turn right
3&4 Step forward left, step right behind left, step forward left
5&6 Step forward right, pivot ½ turn left, step forward right
7&8 Step forward left, step right behind left, step forward left

REPEAT

TAG

Danced at end of third wall (3:00)

1-6 Steps 1-6 of section 1
7-8 Rock back on right, rock forward left