

Af Groove

拍數: 32 牆數: 4 級數: Intermediate hip hop
編舞者: Charles Johnson
音樂: Addams Family Groove - MC Hammer



STEP, STEP-N-KICK-N-CROSS

1-2& Big step to right, step left behind right, step right to right
3&4 Kick left diagonally forward, step left next to right, cross right over left,
5-6& Big step to left, step right behind left, step left to left
7&8 Kick right diagonally forward, step right next to left, cross left over right

SIDE-N-SIDE-N-KICK/HITCH-STEP-STEP, STEP, STEP

9&10& Kick right to right, step right next to left, kick left to left, step left next to right
11&12 Kick right forward, hitch right knee then step right next to left, step forward left
13-14 Step forward right - make step last for two counts
15-16 Step forward left - make step last for two counts

SAILOR-STEP, SAILOR-STEP, STEP, STEP, BUMP, BUMP

17&18 Step right behind left, step left to left, step right to right
19&20 Step left behind right, step right to right, step left to left
21&22 Step right forward, step left shoulder width from right
23-24 Bump hips to left twice taking weight to left

SIDE-N-SIDE-N-KICK/HITCH-STEP-STEP, STEP, TURN, TOUCH

25-30 Repeat steps 9-14
31-32 Make $\frac{3}{4}$ turn left stepping left to left, touch right next to left

REPEAT

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Danced at end of wall 5

1-2-3 Step forward right, make $\frac{1}{2}$ turn left on left foot, step forward right
4& Make $\frac{1}{2}$ turn left on left foot, step right forward
5-6-7 Touch left to left, full right turn on right foot, step left to left
8 Touch right next to left and snap fingers

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Danced at end of wall 8, then after count 16 of wall 11

1-2-3-4 Bump shoulders up/down 4 times. Keep weight on left

After wall 8, repeat dance from count 1

In middle of wall 11, continue dance at count 17