

# Adoration

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Kate Sala (UK)  
音樂: My Heart Is Lost to You - Brooks & Dunn



## STEP RIGHT, TOGETHER, RIGHT CHASSE ¼ TURN, PIVOT ½ TURN, WALK, WALK

- 1-2      Step right to right side, close left next to right
- 3&4      Step right to right side, close left next to right, step right to right side with ¼ turn right
- 5-6      Step forward on left, pivot ½ turn right
- 7-8      Walk forward left, right

## SIDE ROCK & CROSS, SIDE ROCK & CROSS, PIVOT ½ RIGHT, TURN ½ RIGHT, STEP

- 1&2      Rock on left to left side and slightly forward, step right in place and slightly forward, cross-step left over right
- 3&4      Rock on right to right side and slightly forward, step left in place and slightly forward, cross-step right over left
- 5-6      Step forward on left, pivot ½ turn right
- 7-8      Turn ½ right stepping back on left, step back on right

## ROCK BACK, ROCK FORWARD, STEP FORWARD, SWEEP ¼ TURN, WEAVE

- 1-2      Rock back on left, rock forward on right
- 3-4      Step forward on left, sweep right round into a ¼ turn left
- 5-6      Cross-step right over left, step left to left side
- 7&8      Cross-step right behind left, step left to left side, cross- step right over left

## TOE, KICK WITH ¼ TURN, COASTER STEP, JAZZ BOX

- 1-2      Touch left toe next to right instep with knee turned in, turn ¼ left on ball of right kicking left forward
- 3&4      Step back on left, step right next to left, step forward on left
- 5-6      Cross-step right over left, step back on left
- 7-8      Step right to right side, step left next to right

## REPEAT

## TAG

When danced to the above suggested track at the end of the 3rd and 6th wall repeat the last 12 counts of the dance (from the weave. Count 5 of the 3rd section to the end of the dance) then start again from the beginning