

# Adoration

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Kate Sala (UK)  
音樂: My Heart Is Lost to You - Brooks & Dunn



## STEP RIGHT, TOGETHER, RIGHT CHASSE ¼ TURN, PIVOT ½ TURN, WALK, WALK

- 1-2            Step right to right side, close left next to right  
3&4           Step right to right side, close left next to right, step right to right side with ¼ turn right  
5-6           Step forward on left, pivot ½ turn right  
7-8           Walk forward left, right

## SIDE ROCK & CROSS, SIDE ROCK & CROSS, PIVOT ½ RIGHT, TURN ½ RIGHT, STEP

- 1&2           Rock on left to left side and slightly forward, step right in place and slightly forward, cross-step left over right  
3&4           Rock on right to right side and slightly forward, step left in place and slightly forward, cross-step right over left  
5-6           Step forward on left, pivot ½ turn right  
7-8           Turn ½ right stepping back on left, step back on right

## ROCK BACK, ROCK FORWARD, STEP FORWARD, SWEEP ¼ TURN, WEAVE

- 1-2           Rock back on left, rock forward on right  
3-4           Step forward on left, sweep right round into a ¼ turn left  
5-6           Cross-step right over left, step left to left side  
7&8           Cross-step right behind left, step left to left side, cross- step right over left

## TOE, KICK WITH ¼ TURN, COASTER STEP, JAZZ BOX

- 1-2           Touch left toe next to right instep with knee turned in, turn ¼ left on ball of right kicking left forward  
3&4           Step back on left, step right next to left, step forward on left  
5-6           Cross-step right over left, step back on left  
7-8           Step right to right side, step left next to right

## REPEAT

## TAG

When danced to the above suggested track at the end of the 3rd and 6th wall repeat the last 12 counts of the dance (from the weave. Count 5 of the 3rd section to the end of the dance) then start again from the beginning