

Adios (Kiss Your Heart Goodbye)

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ellie Jordan (UK)
音樂: If You Ever Saw Her - Ricky Martin



CROSS ROCK FORWARD RIGHT, CHASSE RIGHT, CROSS ROCK FORWARD LEFT, CHASSE LEFT

1-2 Cross rock forward on right, rock back onto left, chasse right
3&4 Step right to right side, close left beside right, step right to right side
5-6 Cross rock forward on left, rock back onto right
7&8 Step left to left side, close right beside left, step left to left side

PIVOT ½ LEFT, SHUFFLE FORWARD RIGHT, FULL TURN RIGHT, SHUFFLE FORWARD LEFT

1-2 Step forward right, pivot ½ turn left
3&4 Step forward right, close left beside right, step forward right
5-6 Full turn right, stepping left, right
7&8 Step forward left, close right beside left, step forward left

PIVOT ¼ LEFT TWICE, CROSS ROCK FORWARD RIGHT, SAILOR STEP RIGHT

1-2 Step forward right, pivot ¼ turn left
3-4 Step forward right, pivot ¼ turn left
5-6 Cross rock forward on right, rock back onto left
7&8 Cross right behind left, step left to left side, step right to place

CROSS ROCK FORWARD LEFT, SAILOR STEP LEFT, JAZZ BOX ¼ TURN RIGHT WITH A TOUCH

1-2 Cross rock forward on left, rock back onto right
3&4 Cross left behind right, step right to right side, step left to place
5-6 Cross right over left, step back on left
7-8 Step right ¼ turn right, touch left beside right

STEP LEFT TOGETHER, CHASSE LEFT, BACK ROCK STEP TWICE

1-2 Step left to left side step right beside left
3&4 Step left to left side, close right beside left, step left to left side
5&6 Rock back on right, rock forward onto left, step forward onto right
7&8 Rock back on left, rock forward onto right, step forward onto left

STEP RIGHT TOGETHER, CHASSE RIGHT, BACK ROCK STEP TWICE

1-2 Step right to the right step left beside right
3&4 Step right to right side, close left beside right, step right to right side
5&6 Rock back on left, rock forward onto right, step forward onto left
7&8 Rock back on right, rock forward onto left, step forward onto right

FULL TURN RIGHT, SHUFFLE FORWARD LEFT, FULL TURN LEFT, SHUFFLE FORWARD RIGHT

1-2 Full turn right, stepping left, right
3&4 Step forward left, close right beside left, step forward left
5-6 Full turn left, stepping right, left
7&8 Step forward right, close left beside right, step forward right

PIVOT ½ RIGHT, SHUFFLE FORWARD LEFT, JAZZ BOX RIGHT

1-2 Step forward left, pivot ½ turn right
3&4 Step forward left, close right beside left, step forward left
5-6 Cross right over left, step back on left

7-8

Step right to right side, close left beside right

REPEAT
