

Adelaide's Waltz

COPPERKNOB
STEPSHEETS

拍數: 99 牆數: 1 級數: Advanced waltz
編舞者: Adelaide Manley (AUS)
音樂: One More Name - Dwight Yoakam



Winner of "Texas Stetsons" choreography competition 1995 S.A.

TWINKLE LEFT & RIGHT

1 Cross left foot over right dipping left shoulder
2-3 Step right, step left straightening body to face front
4-6 Repeat steps 1-3 in opposite direction

STEP FORWARD TURNING ½ RIGHT & WALTZ

7-9 Step forward on left foot turning ½ right, step right, step left to neutral
10-12 Step back on right, step left, step right to neutral

STEP FORWARD TURNING ½ LEFT & WALTZ

13-15 Step forward on left foot turning ½ left, step back on right, step onto left
16-18 Step back on right, step left, step right to neutral

VINE LEFT TURNING ½ LEFT & WALTZ

19-21 Step left to side, step right behind left foot, step left to side turning ½ left
22-24 Step forward on right, step back on left, rock forward on right

STEP FORWARD TURNING ½ RIGHT & WALTZ

25-30 Repeat steps 7-12

VINE RIGHT, TURN ½ RIGHT

31-33 Step left in front of right, step right to the side, step back on left
34-36 Step forward on right turning ½ right, step forward on left, rock back on right

TWINKLE LEFT & RIGHT

37-42 Repeat steps 1-6

POINTS TO SIDE, HITCH & TURN ½ LEFT

43-45 Step forward onto left foot, point right toe to side, cross right foot over left
46-48 Point left foot to side, cross left over right foot, hitch right behind turn ½ left

VINE FORWARD, HIP BUMPS LEFT, RIGHT, LEFT

49-51 Step forward on right, slide left in behind right, step forward on right
52-54 Step forward left with hip bump, hip bump right, hip bump left

HIP BUMPS

55-57 Step forward right with hip bump, hip bump left, hip bump right
58-60 Step forward left with hip bump, hip bump right, hip bump left

VINE LEFT, TURNING ½ LEFT & WALTZ

61-63 Step left to the side, step right behind left, step left turning ½ left
64-66 Rock forward on right, step back onto left, rock forward onto right

POINTS TO SIDE, HITCH & TURN ½ LEFT

67-72 Repeat steps 42-47

VINE FORWARD, HIP BUMPS RIGHT, LEFT, RIGHT

73-78 Repeat steps 49-54

HIP BUMPS

79-84 Repeat steps 55-60

VINE RIGHT, CROSS OVER & UNWIND TURNING ½ RIGHT

85-87 Step right to side, step left behind right foot, step right

88-90 Cross left foot over right, lift both heels & unwind turning ½ right, drop heels

VINE RIGHT, CROSS OVER & UNWIND TURNING ½ RIGHT

91-96 Repeat steps 85-90

VINE RIGHT

97-99 Step right to the side, step left foot behind, step right

REPEAT

When dancing as partners change direction at counts 25-30
