

Adams Ale

拍數: 64 牆數: 0 級數:
編舞者: Rob Fowler (ES)
音樂: Somethin' in the Water - The Cheap Seats



- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together
3&4& Touch right heel forward, clap, clap. Step right together
5&6& Touch left heel forward, step left together, touch right heel forward, step right together
7&8 Touch left heel forward, clap, clap
- 9&10 Right kick ball change
11-12 Kick right forward, touch right toe back
13-14 Turn ¼ right and bump hips right, left
15&16 Bump hips right, left, right
- 17-18 Turn ¼ right and step left to side, cross right behind left
19&20 Turn ¼ left and step left forward, step right forward, step left forward
21&22& Kick right forward, step right together, step left back, step right back
23&24 Step left back, step right back, touch left together
- 25-26 Step left forward, turn ½ right (weight to right)
27-28 Step left forward, turn ½ right (weight to right)
&29-30 Rock left back, recover to right, hold
- Look over left shoulder**
- 31&32 Drop heels, turn 1/8 left and drop heels, turn 1/8 left and drop heels
- 33&34 Hitch right knee, step right to side, step left together
35&36 Hitch right knee, Step right to side, step left together
37-38 Step right forward, turn ½ left (weight to left)
39&40 Step right back, turn ½ left and step left together, step right together
- 41&42 Hitch left knee, step left to side, step right together
43&44 Hitch left knee, step left to side, step right together
45-46 Step left forward, turn ½ right (weight to right)
47&48 Step left back, turn ½ right and step right together, step left together
- 49&50& Rock right forward, recover to left, rock right back, recover to left
51&52 Step right together, turn ¼ left and swivel heels right, center
53-54 Swivel heels left, swivel toes left
55&56 Swivel heel left, swivel toes left, swivel heels left
- 57&58& Touch left toe to side, step left together, touch right toe to side, step right together
59&60 Touch left heel forward, turn ½ left and step left together, touch right back
61& Turn 1/8 left and touch right toe to side, hitch right knee
62&63&64 Repeat 61& three more times

REPEAT
