

Active Moment

COPPER **NOB**
BY STEPHEN BRETZ

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Peter Giam (SG)
音樂: Love Won't Wait - Atomic Kitten



WEAVE TO THE LEFT, JAZZ BOX, KICK LEFT FOOT

- 1-4 Cross right foot over left foot, step left foot to left side, cross right foot behind left foot, step left foot to left side
5-8 Cross right foot over left foot, step left foot back, step right foot right side, kick left foot across right foot

WEAVE TO THE RIGHT, JAZZ BOX, KICK RIGHT FOOT

- 1-4 Cross left foot over right foot, step right foot to right side, cross left foot behind right foot, step right foot to right side
5-8 Cross left foot over right foot, step right foot back, step left foot to left side, kick right foot across left foot

CROSS ROCK, RECOVER, RIGHT SIDE SHUFFLE, CROSS ROCK, RECOVER, LEFT SIDE SHUFFLE

- 1-4 Cross right foot over left foot, recover weight on left foot, step right foot to right side, step left foot beside right foot, step right foot to right side
5-8 Cross left foot over right foot, recover weight on right foot, step left foot to left side, step right foot beside left foot, step left foot to left side

RIGHT SIDE SHUFFLE, ½ TURN RIGHT LEFT SIDE SHUFFLE, ½ TURN LEFT RIGHT SIDE SHUFFLE, KICK BALL CROSS

- 1&2 Right foot step to right side, left foot step beside right foot, right foot step to right side
3&4 Make a ½ turn right, left foot step to left side, right foot step beside left foot, left foot step to left side
5&6 Make a ½ turn left, right foot step to right side, left foot step beside right foot, right foot step to right side
7&8 Kick left foot diagonally forward, step down on ball of left foot, cross right foot over left foot

LEFT SIDE SHUFFLE, BACK ROCK, RECOVER, STEP & CLASP HANDS TOGETHER ABOVE HEAD, SNAKE ARMS DOWN

- 1&2 Step left foot to left side, step right foot beside left foot, step left foot to left side
3-4 Cross rock right foot behind left foot, recover weight on left foot
5-8 Step right foot to right, clasp hands together above head, snake arms down making "S" shape while bending knees & sway hips right, left, right, left

¼ TURN RIGHT, RIGHT SHUFFLE FORWARD, RIGHT HAND COMB HAIR, LEFT SHUFFLE FORWARD, LEFT HAND COMB HAIR, TAP RIGHT HEEL FORWARD, TAP RIGHT TOE BACK

- 1&2 ¼ turn right, step right forward, step left together, step right while right hand comb hair, left hand stretch forward
3&4 Step left forward, step right together, step left forward while left hand comb hair, right hand stretch forward
5-8 Tap right heel forward, lean upper body slightly back, both arms bend, close fingers, point both thumbs toward shoulders. Tap right toe back, swing both arms down to the back, point both thumbs backward

½ PIVOT LEFT, RIGHT SHUFFLE FORWARD, LEFT ROCKING CHAIR

- 1-2 Step right foot forward, ½ turn left, weight on left foot
3&4 Step right forward, step left foot together, step right foot forward

5-8 Step left foot forward, swing right arm forward, swing left arm backward, snap fingers, step left foot backward, swing left arm forward, swing right arm backward, snap fingers

¼ PIVOT RIGHT, SAILOR STEP, FULL TURN LEFT, STOMP & CLAP

1-2 Step left foot forward, ¼ turn right, weight on right foot

3&4 Step left foot behind right foot, step right foot to the right, step left foot to the left

5-8 ½ turn left on ball of left foot, step right foot to right side, ¼ turn left step left foot forward, ¼ turn left step right foot to right side, stomp left foot beside right foot & clap hands

REPEAT

ENDING

OUT OUT IN IN HEEL & POSE

1-2-3&4 Step right foot to right side, step left foot to left side, step right foot in, step left foot together, tap right heel forward, raise both arms up like a V shape
