

Action

拍數: 44 牆數: 4 級數: Improver
編舞者: Gerald Biggs (USA) & Nancy Glover (USA)
音樂: A Little Less Talk and a Lot More Action - Toby Keith



RIGHT VINE CROSS, LEFT VINE CROSS

1-2 Right to side, left behind
3&4 Right to side & slightly back on left, right across
5-6 Left to side, right behind
7&8 Left to side & slightly back on right, left across

TOE TAPS FORWARD

1&2 Tap right to side, tap right forward, step right forward
3&4 Tap left to left side, tap left forward, step left forward
5&6 Repeat 1&2
7&8 Repeat 3&4

STEP BACK RIGHT, LEFT, COASTER STEP JAZZ BOX ¼ TURN

1-2 Step back right, left
3&4 Step back right & left beside right, forward right
5-6 Left across, step back right
7-8 Step back left making ¼ turn right, touch right

FULL TURN, TRIPLE STEP, FULL TURN, TRIPLE STEP

1-2 Step right ½ turn, spin on ball of right ½ turn weight on left
3&4 Right triple step (right-left-right) in place
5-6 Step left ½ turn, spin on ball of left ½ turn weight on right
7&8 Left triple step (left-right-left) in place

KICK, STEP, KICK, STEP, BUMP & BUMP, TRIPLE, ½ TURN

1& Kick right & step forward right
2& Kick left & step forward left
3&4 Hip bump left & right, left
5&6 Right triple step forward (right-left-right)
7-8 Step left forward, pivot ½ turn right

½ TURN TRIPLE, ROCK STEP

1&2 Left triple step forward (left-right-left) tuning ½ left
3-4 Rock back on right, forward on left

REPEAT
