

Achy Shakey

COPPER KNOB
STEP SHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Glynn Rodgers (UK)
音樂: How Many Tears Can You Hide - Shakin' Stevens



BACK, MODIFIED MONTEREY TURN, SHUFFLES, TURNING SYNCOPATED JAZZ BOX

1 Step back left
2-3 Point right to right side, on ball of left make $\frac{1}{2}$ turn right, touching right in-front of left

Option:

2-3 Touch right toe back, pivot $\frac{1}{2}$ right (no weight)
4&5 Shuffle forward right-left-right
6-7 Cross left over right, turn $\frac{1}{4}$ left stepping back right
8& Step left to place, cross right over left

CHASSE, BACK ROCK, 1 $\frac{1}{4}$ ROLLING VINE, STEP

1&2 Chasse left-right-left
3-4 Rock back right, recover weight onto left
5-6 Turn $\frac{1}{4}$ right stepping forward right, make $\frac{1}{2}$ turn right stepping back left
7-8 Turn $\frac{1}{2}$ right stepping forward right, close left to right

Option:

5-8 Step right to right side, cross left behind right, turn $\frac{1}{4}$ right stepping forward right, step forward left

TOUCH-BACK-CROSS TWICE, BACK, SIDE, SHUFFLE FORWARD

1&2 Touch right toe beside left, step diagonally back right, cross left over right
3&4 Touch right toe beside left, step diagonally back right, cross left over right
5-6 Step back right, step left to left side
7&8 Shuffle forward right-left-right

ROCK STEP, SHUFFLE TURN, ROCKING CHAIR

1-2 Rock forward left, recover weight onto right
3-4 Triple 1 & $\frac{1}{2}$ left stepping left-right-left
5-6 Rock forward right, recover weight onto left
7-8 Rock back right, recover weight onto left

TOUCH-BACK-CROSS TWICE, BACK, SIDE, PIVOT TURN

1&2 Touch right toe beside left, step diagonally back right, cross left over right
3&4 Touch right toe beside left, step diagonally back right, cross left over right
5-6 Step back right, step left to left side
7-8 Step forward right, pivot $\frac{1}{2}$ turn left

PIVOT TURN, CHASSE, BACK ROCK, SIDE-CLOSE, HOLD

1-2 Step forward right, pivot $\frac{3}{4}$ turn left
3&4 Chasse right-left-right
5-6 Rock back left, recover weight onto right
8&7-8 Step left to left side, close right to left, hold

SIDE, BEHIND & CROSS, BACK & SIDE, BEHIND & CROSS

1 Step left to left side
2&3 Cross right behind left, step left to left side, cross right over left
4 Step left to left side
5&6 Rock back right, recover weight onto left, step right to right side

7&8 Cross left behind right, step right to right side, cross left over right

SIDE ROCK, CROSS, CLAPS, HINGE TURN, OUT, OUT

1-2 Rock right to right side, recover weight onto left

3&4 Cross right over left, clap hands twice

5-6 Turn $\frac{1}{4}$ right stepping back left, turn $\frac{1}{2}$ right stepping forward right

7-8 Step left out to left slight diagonal, step right out to right slight diagonal

REPEAT
