

# Achy Breaky Rides Alone

**COPPER KNOB**  
STEPPERS

拍數: 48      牆數: 4      級數:  
編舞者: Shirley Hawkins (USA)  
音樂: Achy Breaky Heart - Billy Ray Cyrus



## SHUFFLE STEPS, ROCK STEPS WITH TURNS

- 1&2      Shuffle to the right (right-left-right)
- 3&4      Shuffle to the left (left-right-left)
- 5      Rock back on right foot
- 6      Rock forward on left foot with  $\frac{1}{4}$  turn left
- 7&8      Shuffle (right-left-right) turning  $\frac{1}{2}$  turn left

## BACK STEPS

- 9      Step back on left foot
- 10      Step back on right foot
- 11      Hitch left foot up, while pivoting  $\frac{1}{4}$  turn right on right foot
- 12      Step left foot down

## WALK BACKWARDS

- 13      Step back on right foot
- 14      Step back on left foot
- 15      Step back on right foot
- 16      Stomp left foot

## SHUFFLE STEPS, ROCK STEPS AND $\frac{1}{4}$ TURN

- 17&18      Shuffle to the left (left-right-left)
- 19      Stomp right foot
- 20      Stomp right foot again
- 21&22      Shuffle to right (right-left-right)
- 23      Rock back on left foot
- 24      Rock forward on right foot
- 25&26      Shuffle to the left (left-right-left)
- 27      Rock back on right foot
- 28      Rock forward on left foot with a  $\frac{1}{4}$  turn left

## GRAPEVINE RIGHT

- 29      Step right foot to right
- 30      Cross left foot behind right
- 31      Step right foot to right
- 32      Stomp left foot next to right

## HEEL TAPS

- &      Quickly, step left foot forward
- 33      Tap left heel
- 34      Tap left heel
- 35      Tap left heel
- 36      Tap left heel
- &      Switch to right foot forward (bring left foot back)
- 37      Tap right heel
- 38      Tap right heel
- 39      Tap right heel

40 Tap right heel

**HAND JIVE**

- 41 With both hands, slap both legs (right hand to right)(left to left)
- 42 With both hands, slap both legs (right hand to right)(left to left)
- 43 Cross right hand over left hand and left under right (touch legs)
- 44 Uncross (right hand to right leg) (left hand to left leg)
- 45 Cross right hand under left hand and left over right (touch legs)
- 46 Uncross (right hand to right leg) (left hand to left leg)
- 47 Push both hands forward
- 48 Push both hands forward again

**REPEAT**

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