

# Abracame (Hug Me)

COPPER KNOB  
BY STEPHEN METZ

拍數: 30      牆數: 0      級數:  
編舞者: Justine Shuttleworth (AUS)  
音樂: We're All Alone - Roy Orbison



- 1&2      Step right to right, step left beside right, cross/step right over left  
&3      Step left to left, rock back on right  
4      Rock forward on left  
&5      Step right to right, step left behind right  
&      Swinging right foot to right (foot low to ground) make  $\frac{1}{4}$  turn right  
6      Keep swinging right foot around to right & step it behind left  
&7      Turn  $\frac{1}{4}$  left to face starting wall & step forward onto left, step forward on right  
8      Pivot  $\frac{1}{2}$  turn left taking weight forward onto left
- &1      Step forward onto right, step forward onto left  
2      Pivot  $\frac{1}{2}$  turn right keeping weight back on left foot  
3&4      Step forward right, turning  $\frac{1}{2}$  over your right shoulder step back on left, turning a further  $\frac{1}{2}$  over your right shoulder step forward on right (full turn forward)  
5&6      Turning  $\frac{1}{2}$  over your left shoulder step forward on left, turning  $\frac{1}{2}$  over your left shoulder again step back on right, rock back on left (full turn back)  
7&8      As before (counts 3&4) turn a full turn forward stepping right-left-right  
&      Turning  $\frac{1}{4}$  right step left to left side
- 1&2      Step back on right, touch left toe back, pivot  $\frac{1}{2}$  turn over left shoulder taking weight on to right  
&3      Step back on left, touch right toe back  
4      Pivot  $\frac{1}{2}$  turn over right shoulder  
&      Turning  $\frac{1}{4}$  left to face starting wall step right behind left  
5-6      Turning over left shoulder  $\frac{1}{4}$  left step forward on left, turning a further  $\frac{1}{2}$  over left shoulder step back on right  
&      Turning yet a further  $\frac{1}{2}$  over left shoulder step forward on left
- 1&2      As if gently running forward - step forward on right, forward on left, forward on right  
3&4      Run - back on left, back on right, back on left  
&      Pivoting on the ball of the left & lifting right slightly off the ground turn  $\frac{1}{2}$  over right shoulder  
5&6      As if gently running forward - step forward on right, forward on left, forward on right  
7&8      Run - back on left, back on right, back on left  
&      Pivoting on the ball of the left & lifting right slightly off the ground turn  $\frac{1}{4}$  over right shoulder

## REPEAT

## TAG

Complete these following beats at the beginning of walls 6 & 7

- 1&2      Step right to right, step left beside right, cross/step right over left  
3&4      Step left to left, step right beside left, cross/step left over right