Abracame (Hug Me)



拍數: 30 牆數: 0 級數:

編舞者: Justine Shuttleworth (AUS) 音樂: We're All Alone - Roy Orbison



1&2	Step right to right, step left beside right, cross/step right over left
&3	Step left to left, rock back on right
4	Rock forward on left
&5	Step right to right, step left behind right
&	Swinging right foot to right (foot low to ground) make ¼ turn right
6	Keep swinging right foot around to right & step it behind left
&7	Turn ¼ left to face starting wall & step forward onto left, step forward on right
8	Pivot ½ turn left taking weight forward onto left
&1	Step forward onto right, step forward onto left
2	Pivot ½ turn right keeping weight back on left foot
3&4	Step forward right, turning ½ over your right shoulder step back on left, turning a further ½ over your right shoulder step forward on right (full turn forward)
5&6	Turning $\frac{1}{2}$ over your left shoulder step forward on left, turning $\frac{1}{2}$ over your left shoulder again step back on right, rock back on left (full turn back)
7&8	As before (counts 3&4) turn a full turn forward stepping right-left-right
&	Turning ¼ right step left to left side
1&2	Step back on right, touch left toe back, pivot ½ turn over left shoulder taking weight on to right
&3	Step back on left, touch right toe back
4	Pivot ½ turn over right shoulder
&	Turning ¼ left to face starting wall step right behind left
5-6	Turning over left shoulder $\frac{1}{4}$ left step forward on left, turning a further $\frac{1}{2}$ over left shoulder step back on right
&	Turning yet a further ½ over left shoulder step forward on left
1&2	As if gently running forward - step forward on right, forward on left, forward on right
3&4	Run - back on left, back on right, back on left
&	Pivoting on the ball of the left & lifting right slightly off the ground turn ½ over right shoulder
5&6	As if gently running forward - step forward on right, forward on left, forward on right
7&8	Run - back on left, back on right, back on left
&	Pivoting on the ball of the left & lifting right slightly off the ground turn $\frac{1}{4}$ over right shoulder

REPEAT

TAG

Complete these following beats at the beginning of walls 6 & 7

Step right to right, step left beside right, cross/step right over left Step left to left, step right beside left, cross/step left over right