

Above & Beyond

COPPER KNOB
BY STEPHEN SUNTER

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephen Sunter (UK)
音樂: Together Again - Janet Jackson



TOUCH, TOUCH, KICK & HEEL, & STEP, TWIST HEELS, STEP RIGHT, STEP LEFT

1&2 Touch right toe back, hitch right, touch right toe back
&3&4 Hitch right, kick right, step right in place, touch left heel forward
&5&6 Step left in place, step right slightly forward, twist both heel in, twist both heels out
7-8 Step right back, step left next to right shoulder width apart and clap

BODY ROCK, BEHIND IN FRONT, ROCK

Keeping feet shoulder width apart, rock your body from side to side, only move from the waist up

9-12 Left, right, left, right (weight ends over right)
13&14 Step left behind, right step right, left step in front
15-16 Rock to right on right foot, replace weight to left

FULL TURN, ROCK, ¼ SIDE SHUFFLE, STOMP RIGHT, CLAP

17&18 Full turn back over right shoulder stepping right, left, right
19-20 Rock forward left, replace weight to right
&21&22 Make a ¼ left, step left to left side, right next to left, step left to left side
23-24 Stomp right foot forward, hold and clap

HIP BUMPS, TRAVELING LEFT SAILOR STEP, TRAVELING LEFT SAILOR STEP, STEP FORWARD, TOUCH

25&26 Bumps hips right, left, right
27&28 Left behind right, right to right side, step left to left side (travel slightly back on counts 27&28)
29&30 Right behind left, left to left side, step right to right side (travel slightly back on counts 29&30)
31-32 Step forward left, touch right toe next to left

REPEAT
