

Aaryn's Spirit

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nancy Morgan (USA)
音樂: Spirit In the Sky - Norman Greenbaum



SIDE SHUFFLE, ROCK STEP, SIDE SHUFFLE, ROCK STEP

1&2 Shuffle to right side (right, left, right)
3-4 Step back on left, step forward on right
5&6 Shuffle to left side (left, right, left)
7-8 Step back on right, step forward on left

2 SHUFFLES FORWARD, STEP, PIVOT HALF TURN, SHUFFLE FORWARD

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5-6 Step forward on right, pivot half turn to left

Weight on left

7&8 Shuffle forward right, left, right

SIDE ROCK STEP, 2 SAILOR SHUFFLES, ROCK STEP FORWARD

1-2 Step left to left side, shift weight from left to right
3&4 Step left behind right, step right to right side, step forward on left
5&6 Step right behind left, step left to left side, step forward on right
7-8 Rock forward on left, rock back on right

COASTER STEP, STEP, PIVOT HALF TURN, STEP, PIVOT QUARTER TURN, WALK, WALK

1&2 Step back on left, step together on right, step forward on left
3-4 Step forward on right, pivot half turn to left

Weight ends on left

5-6 Step forward on right, pivot quarter turn to left

Weight on left

7-8 Walk forward right, left

REPEAT
