

# Aaryn's Spirit

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Nancy Morgan (USA)  
音樂: Spirit In the Sky - Norman Greenbaum



## SIDE SHUFFLE, ROCK STEP, SIDE SHUFFLE, ROCK STEP

1&2      Shuffle to right side (right, left, right)  
3-4      Step back on left, step forward on right  
5&6      Shuffle to left side (left, right, left)  
7-8      Step back on right, step forward on left

## 2 SHUFFLES FORWARD, STEP, PIVOT HALF TURN, SHUFFLE FORWARD

1&2      Shuffle forward right, left, right  
3&4      Shuffle forward left, right, left  
5-6      Step forward on right, pivot half turn to left

### Weight on left

7&8      Shuffle forward right, left, right

## SIDE ROCK STEP, 2 SAILOR SHUFFLES, ROCK STEP FORWARD

1-2      Step left to left side, shift weight from left to right  
3&4      Step left behind right, step right to right side, step forward on left  
5&6      Step right behind left, step left to left side, step forward on right  
7-8      Rock forward on left, rock back on right

## COASTER STEP, STEP, PIVOT HALF TURN, STEP, PIVOT QUARTER TURN, WALK, WALK

1&2      Step back on left, step together on right, step forward on left  
3-4      Step forward on right, pivot half turn to left

### Weight ends on left

5-6      Step forward on right, pivot quarter turn to left

### Weight on left

7-8      Walk forward right, left

## REPEAT

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