

拍數: 48 編數: Intermediate

編舞者: Barry Amato (USA) 音樂: A-11 - Clinton Gregory



| 1     | Touch right toe inward  |
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| 2     | Touch right heel out  |
| 3     | Step on right foot  |
| 4     | Touch left toe inward   |
| 5     | Touch left heel out   |
| 6     | Step on left foot   |
| 7     | Hop forward   |
| 8     | Hop forward   |
| 9     | Twist left (knees facing left) on the balls of both feet  |
| 10    | Twist right (knees facing right) on the balls of both feet  |
| 11    | Twist to center position & kick left foot out to left side  |
| 12    | Twist right (knees facing right) on the balls of both feet  |
| 13    | Twist left (knees facing left) on the balls of both feet  |
| 14    | Step forward on left foot (13 & 14 step together step)  |
| 15    | Stomp right foot in place   |
| 16    | Step forward on left foot (15 & 16 step together step)  |
| 17    | Step out on left foot (traveling forward)   |
| 18    | Step right behind left (traveling forward)  |
| 19    | Step out on left foot (traveling forward)   |
| 20    | Step out on right foot & do a complete turn toward left shoulder on the ball of the right foot  |
| 21    | Step forward on left foot & slide right next to left  |
| 22    | Twist to center position & kick right foot out to right side  |
| 23    | Step forward on right foot & slide left next to right   |
| 24    | Stomp right foot in place again (place weight on right foot)  |
| 25    | Step forward on on left foot  |
| 26    | Step forward on right foot and slide back on right foot   |
| 27    | Step back on left foot (traveling backward)   |
| 28    | Step back on right foot (traveling backward)  |
| 29    | Step on left foot & begin to turn toward left shoulder & step on right foot & continue to turn  |
| 30    | Step on left foot to complete turn (you will have completed a 1 ½ turn to the left with steps 29 & 30 & will be facing the opposite wall) |
| 31    | Step forward on the right foot & slide left forward next to right   |
| 32    | Step forward on right foot (23&24 step together step)   |
| 33-40 | Repeat steps 25-32 facing new direction   |
| 41    | Jump in place   |
| 42    | Kick left leg and do ¼ turn to the left   |
| 43    | Step on left in place & step on right in place  |
| 44    | Step on left in place (27&28-triple step in place or cha-cha)   |
| 45    | Cross right over left foot  |
| 46    | Turn left one full circle, unwinding legs   |
| 47    | Hop forward   |
| 48    | Hop forward   |
|       |   |