

A To The B

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lisen Persson (SWE)
音樂: A to the B - Infernal



STEP, TOUCH, KICK BALL CROSS, STEP, TOUCH, KICK BALL STEP

1-2 Step right diagonally forward, touch left next to right
3&4 Kick left forward, step left next to right, cross right over left
5-6 Step left diagonally forward, touch right next to left
7&8 Kick right forward, step right next to left, step left forward

ROCK, SHUFFLE ½ RIGHT, POINT, CROSS, POINT, CROSS

1-2 Rock right forward, recover weight to left
3&4 Shuffle ½ right on right, left, right
5-6 Point left to side, cross left over right
7-8 Point right to side, cross right over left

POINT, CROSS, TURN ½ RIGHT, HOLD, MONTEREY TURN ½ RIGHT, POINT, TOUCH

1-2 Point left to left, touch left toe across right
3-4 Turn ½ right (weight on left), hold
5-6 Point right to side, turn ½ right and step right next to left
7-8 Point left to side, touch left beside right

LONG STEP LEFT, HIP BUMPS, HITCH-BALL-CROSS, HITCH-BALL-CROSS

1-2 Take a long step to left, drag right into a touch next to left
3&4 Bump hips to right, back to center, and right
5&6 Hitch right knee, step right slightly back, cross left over right
7&8 Hitch right knee, step right slightly back, cross left over right

ROCK, SAILOR ¼ RIGHT, STEP, TURN ½ RIGHT, SHUFFLE ½ RIGHT

1-2 Rock right to right, recover weight to left
3&4 Step right behind left, turn ¼ right and step left next to right, step right forward
5-6 Step left forward, pivot ½ right (weight on right)
7&8 Shuffle ½ right on left, right, left

ROCK, KICK BALL STEP, KICK BALL STEP, KICK BALL TOUCH

1-2 Rock right back, recover weight to left
3&4 Kick right forward, step right next to left, step left forward
5&6 Kick right forward, step right next to left, step left forward
7&8 Kick right forward, step right next to left, touch left next to right

STEP, TURN ½ RIGHT, "HEEL DROPS WITH BODY TURNS"

1-2 Step left forward, pivot ½ right (weight on right)
3-4 Turn ¼ right on ball of right and point left to left, turn ¼ left on ball of right (toe still on same place) and drop heel (weight on left)
5-6 Turn ¼ left on ball of left and point right to right, turn ¼ right on ball of left (toe still on same place) and drop heel (weight on right)
7-8 Turn ¼ right on ball of right and point left to left, turn ¼ left on ball of right (toe still on same place) and drop heel (weight on left)

ROCK, LONG STEP, ROCK, CROSS, TOUCH

1-2 Rock right forward, recover weight to left

- 3-4 Long step back on right, drag left next to right (touch)
5-6 Rock left to left, recover weight to right
7-8 Cross left over right, touch right beside left

REPEAT

TAG

At the end of the 2nd wall

ROCK, CROSS SHUFFLE, TURN ½ RIGHT, CROSS SHUFFLE

- 1-2 Rock right to right, recover weight to left
3&4 Cross right over left, step left next to right, cross right over left
5-6 Turn ¼ right and step left back, turn ¼ right and step right to side
7&8 Cross left over right, step right next to left, cross left over right
9-16 Repeat 1-8

TAG

At the end of the 5th wall

STEP, TURN ½ LEFT, STEP, TURN ½ LEFT

- 1-2 Step right forward, pivot ½ left (weight on left)
3-4 Step right forward, pivot ½ left (weight on left)
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