

A (In The Water)

COPPERKNOB
BY STEPHEN HETS

拍數: 0 牆數: 1 級數: Intermediate
編舞者: John Robinson (USA) & Pepper Siquieros (USA)
音樂: Somethin' In the Water - Jeffrey Steele



Sequence: A = Main Dance; B = Kicks; C = Twists. The sequence is B (intro), AB, AAC, B, AAC, AAC-, AAC, B, AAB. On the Jeffrey Steele version, start your first B after he says, "must be something in the water." On the River Road version, you must start part B immediately or skip it and start with the first A

PART A

TOE FANS TWICE, RIGHT THEN LEFT

- 1-2 Right toe fan out to right side, return right toe to center
- 3-4 Right toe fan out to right side, return right toe to center, placing weight on right foot
- 5-6 Left toe fan out to left side, return left toe to center
- 7-8 Left toe fan out to left side, return left toe to center, placing weight on left foot

RIGHT HEEL, TOE, HEEL, HOOK MAKING ¼ TURN RIGHT, RIGHT STEP FORWARD, LEFT SLIDE, RIGHT STEP FORWARD, LEFT STOMP UP

- 1-2 Right heel tap diagonally forward 45 degrees right, right touch next to left turning toe in toward left foot
- 3-4 Right heel tap diagonally forward 45 degrees right, right hook across left knee as you pivot ¼ turn right
- 5-6 Step right forward, left slide next to right
- 7-8 Step right forward, left heel scuff next to right

LEFT ROCK-RECOVER FORWARD & BACK, LEFT STEP FORWARD, HOLD, PIVOT ¼ TURN RIGHT, HOLD

- 1-2 Left rock ball of foot forward, recover weight to right
- 3-4 Left rock ball of foot back, recover weight to right
- 5-6 Step left forward, hold position
- 7-8 Pivot ¼ turn right shifting weight to right foot, hold position

FORWARD & BACK HEEL ROCKS WEAVING RIGHT

- 1-2 Left rock heel of foot forward in front of right, recover to right stepping slightly side right
- 3-4 Left rock heel of foot back behind right, recover to right stepping slightly side right
- 5-6 Left rock heel of foot forward in front of right, recover to right stepping slightly side right
- 7-8 Left step slightly back, right touch next to left

PART B

SIDE STEPS AND KICKS (RIGHT THEN LEFT), RIGHT SIDE-TOGETHER-SIDE, LEFT KICK ACROSS

- 1-2 Right step side right, left kick across right
- 3-4 Left step side left, right kick across left
- 5-6 Right step side right, left slide next to right
- 7-8 Right step side right, left kick across right

SIDE STEPS AND KICKS (LEFT THEN RIGHT), LEFT SIDE-TOGETHER-SIDE, RIGHT STOMP UP

- 1-2 Left step side left, right kick across left
- 3-4 Right step side right, left kick across right
- 5-6 Left step side left, right slide next to left
- 7-8 Left step side left, right stomp up next to left

PART C

HEEL TWISTS IN PLACE

- 1-2 Twist heels right, rolling left shoulder back, hold position
- 3-4 Twist heels left, rolling right shoulder back, hold position
- 5 Twist heels right bending knees so body starts "sinking" down,
- 6 Twist heels left bending knees a bit more to sink farther down
- 7-8 Twist heels right, straightening up slightly so body starts rising up, twist heels left, straightening up all the way and finishing with weight on left foot

Styling option: for fun, hold your nose like you're going down in the water

One time only (as explained in sequence above), you will do a C-. When this occurs, drop counts 1-4 and just do the "down, down, up, up."
