

A - B Ticket

拍數: 32 牆數: 1 級數: Beginner
編舞者: Val Myers (UK)
音樂: One Way Ticket - LeAnn Rimes



HEEL STRUTS FORWARD X 4

1-2 Step right heel forward, drop right toe taking weight
3-4 Step left heel forward, drop left toe taking weight
5-6 Step right heel forward, drop right toe taking weight
7-8 Step left heel forward, drop left toe taking weight

WALK BACK X 3, TOUCH, STOMPS X 3, TOUCH

1-2 Step back right, step back left
3-4 Step back right, touch left beside right
5-6 Stomp left in place, stomp right in place
7-8 Stomp left in place, touch right beside left

GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, TOUCH

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, touch left beside right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, touch right beside left

FORWARD RIGHT HIP BUMPS, BACK LEFT HIP BUMPS, HIP BUMPS X 4

1&2 Small step - right diagonally forward, bumping right hip diagonally forward, back, forward
3&4 Bump left hip diagonally back, forward, back
5-8 Bump hips diagonally - right, left, right, left

REPEAT
