

Headin' For The Highway

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kathy Brackett (USA) - September 2007
音樂: Johnny Cash - Jason Aldean : (CD: Relentless)



Or Music: Somehow, Somewhere, Someway by Travis Tritt
 Roller Derby Queen by Jim Croce [The Definitive Collection / Available on iTunes]

STEP, BEHIND & STEP, BEHIND & STEP, PIVOT, KICK/BALL/CHANGE

1-2& Step forward right at angle, step left behind right, step forward right at angle
3-4& Step forward left at angle, step right behind left, step forward left at angle
5-6 Step forward right, pivot ½ turn to left (6:00)
7&8 Kick right, step on right, step on left

HEEL & STEP & HEEL & STEP & ¼ HEEL & STEP & HEEL & STEP (HEEL JACKS)

&1&2 Step slightly right back, touch left heel, step on left, step on right
&3&4 Step slightly left back, touch right heel, step on right, step on left
&5&6 Step slightly back on right turning ¼ left, touch left heel, step on left, step on right (¼ heel
 jacks)(3:00)
&7&8 Step slightly back on left, touch right heel, step on right, step on left

Easier version for above:

STEP RIGHT, HEEL, STEP LEFT HEEL, ¼, HEEL, STEP LEFT, HEEL

1-4 Step on right, touch left heel, step on left, touch right heel
5-8 Step on right turning ¼ to left, touch left heel, step on left, touch right heel

FORWARD, CROSS, ¼ COASTER, CROSS, BACK, ¼ COASTER

1-2 Step forward right, cross left over right
3&4 Turning ¼ to left step back right, step left beside right, step forward right (12:00)
5-6 Cross right over left, step slightly right back turning ¼ to left (9:00)
7&8 Step back left, step right beside left, step forward left

HIPS RIGHT, 2, 3, ¼ HIPS LEFT, 2, 3, ¼ HIPS RIGHT, 2, 3, COASTER

1&2 Shake hips right, left, right
3&4 Turning ¼ to right shake hips left, right, left (12:00)
5&6 Turning ¼ to right shake hips right, left, right (3:00)
7&8 Step back left, step right beside left, step forward right

REPEAT