

Holly's (An Aussie Girl) XXX's & OOO's

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Val Harrison (AUS) & Holly - September 2007
音樂: Xxx's & Ooo's - Trisha Yearwood : (Songbook: A Collection Of Hits)



SHUFFLE RIGHT/SIDE, ROCK BACK, RECOVER, REPEAT TO LEFT/SIDE

- 1&2-3-4 Step right to right/side, step left together right, step right to right/side, rock back onto left behind right, recover forward Onto right
5&6-7-8 Step left to left/side, step right together left, step left to left/side, rock back onto right behind left, recover forward Onto left

HIP BUMPS: TWO FORWARD, RIGHT, TWO BACK LEFT, SINGLE FORWARD, BACK, FORWARD, BACK

- 1-2-3-4 (Stepping right forward) bump hips forward twice, back to left twice
5-6-7-8 Bump hips (moving in a figure 8) forward, back, forward, back

SHUFFLE, ROCK, RECOVER, COASTER, KICK-BALL-CHANGE

- 1&2-3 Step right forward, step left together right, step right forward, rock forward onto left
4-5&6 Recover onto right, step left back, step right together left, step left forward
7&8 Low kick right forward, step onto the ball of right together left, step onto left in place

PIVOT LEFT, SHUFFLE FORWARD, ROCK, RECOVER, COASTER

- 1-2-3&4 Step right forward, pivot ½ turn left onto left, step right forward, step left together right, step right forward
5-6-7&8 Step left forward, recover onto right, step left back, step right together left, step left forward

FORWARD 45 DEGREES RIGHT, TOUCH TOGETHER/CLAP, FORWARD ½ turn LEFT, TOUCH TOGETHER/CLAP REPEAT

- 1-2-3-4 Step right forward 45 degrees right, touch left together right (clap at right shoulder), (turning ½ turn left) step forward onto left, touch right together left (clap at left shoulder)
5-6-7-8 Step right forward 45 degrees right, touch left together right (clap at right shoulder), (turning ½ turn left) step forward onto left, touch right together left (clap at left shoulder)

FORWARD ROCKING CHAIR, JAZZ BOX ¼ turn. RIGHT

- 1-2-3-4 Rock forward onto right, replace onto left in place, rock back onto right, replace onto left in place
5-6-7-8 Step right forward over left, step left back, (turning ¼ turn right) step right out to right/side, step left beside right

REPEAT

Holly was 4 when we wrote this dance. The format was hers although I needed to modify some moves

Address: Murrindindi Movers, Taggerty, Victoria, Australia / Phone: 061-03-9562-4745