

Enjoy

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Dawn Rathbun (USA) - September 2007
音樂: Enjoy - Janet Jackson



KICK, SYNCOPATED ROCK STEP, KICK, SYNCOPATED ROCK STEP

1-2 Kick right across diagonal, step side right (kick with attitude)
&3&4 Recover left, cross right behind left, ¼ right step forward left, step right forward diagonal
5-6 Step diagonal left, kick right across diagonal (kick with attitude)
7&8& Step side right, recover left, cross right behind left, ¼ right step forward left

WALK, WALK, SYNCOPATED ROCK SIDE CROSS, ¾ UNWIND, SHUFFLE FORWARD

1-2 Step forward right directly in front of left, step forward left directly in front of right with attitude
3&4 Step side right, ball left next right, cross right over left
5-6 ¾ unwind left, roll hips counter to the right with attitude keep head looking to right snap head forward on count 6 (weight on right)
7&8 Step forward left, slide right to left, step forward left

MAMBO, ¼ STEP, CROSS, SYNCOPATED ROCK CROSS, ¼ BACK, COASTER

1&2 Step forward right, step back left, step back right
3-4 Step left side ¼ left, cross right over left
5&6 Step side left, ball right next left, cross left over right
7 Step back right ¼ left
8&1 Step back left, together right, forward left

WALK, SYNCOPATED ROCK ¼, CROSS, ¼ BACK, ¼ SHUFFLE SIDE

2 Step right directly in front of left remember attitude
3&4 Step forward left, step back right, step side left ¼ left
5-6 Cross right over left, step back left ¼ right
7&8 Step side right ¼ right, slide left next to right, step side right

SYNCOPATED ROCK, ¼ STEP, ¼ SYNCOPATED VINE RIGHT, SYNCOPATED ROCK ¼

1&2 Cross left over right, recover back right, step forward left ¼ left
Tag here: step forward right, step diagonal left, then restart
3-4 Step side right ¼ left, cross left behind right
&5 Ball right next left, cross left over right
6 Step side right
7&8 Cross left over right, recover back right, step forward left ¼ left

SKATE 4X ½, SYNCOPATED ROCK SIDE CROSS, SYNCOPATED ROCK SIDE ¼ LEFT STEP DIAGONAL

1-2 Slide side right, slide back left ¼ left weight left get your hips involved almost like a sway
3-4 Slide side right weight right ¼ left weight right, slide side left weight on left
5&6 Step side right, recover side left, cross right over left
7&8 Step left ¼ side, recover side right, step forward diagonal left

REPEAT

TAG: Finish first 2 walls completely on third wall after count 34 add the following 2 counts then restart

1-2 Step forward right, step diagonal left to restart dance