

Five Past Dreams

COPPER KNOB
STEPPERS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Denise Nicholls (UK) - September 2007
音樂: Five Past Dreams - Chris de Burgh



SIDE ROCK, CROSS SHUFFLE, SIDE ROCK ¼ TURN, SHUFFLE FORWARD

1-2 Rock right to right side, rock onto left
3&4 Cross right over left, step side left, cross right over left
5-6 Rock side left, rock onto right making ¼ turn right (3:00)
7&8 Shuffle forward stepping left, right, left

Restart the dance from the beginning on wall 4

STEP ½ TURN, SHUFFLE ½ TURN, ROCK BACK, SHUFFLE FORWARD

1-2 Step forward right, turn ½ turn left
3&4 Shuffle ½ turn left stepping right, left, right
5-6 Rock left back, rock forward onto right
7&8 Shuffle forward stepping left, right, left

ROCK FORWARD, FULL TURN, SHUFFLE ½ TURN, CROSS, BACK

1-2 Rock forward on right, rock back onto left
3-4 Turn ½ turn right stepping forward right, ½ turn right stepping back left
Option: *instead of full turn make ½ turn right stepping forward right, step forward left*
5&6 Shuffle ½ turn right stepping right, left, right (9:00)
7-8 Cross left over right, step back right

CHASSE LEFT, CROSS BACK, CHASSE RIGHT, CROSS TOUCH

1&2 Shuffle side left stepping left, right, left
3-4 Cross right over left, step back left
5&6 Shuffle side right stepping right, left, right
7-8 Cross left over right, touch right to right side

FULL TURN, STEP, RIGHT SAILOR STEP, LEFT SAILOR STEP, TOUCH ½ TURN

1-2 Turn full turn right closing right next to left, step left to left side
Option: *instead of full turn step back right then step left to left side*
3&4 Cross right behind left, step side left, step right in place
5&6 Cross left behind right, step side right, step left in place
7-8 Touch right toe behind left, turn ½ turn right (weight on left ready to start again) (3:00)

REPEAT

RESTART: On 4th wall after the first 8 counts, start again from the beginning. You will be facing front wall