

Harvest For The World

COPPER KNOB
BY STEPHEN METZ

拍數: 44 牆數: 4 級數: Improver
編舞者: Ray Hodson (UK) - September 2007
音樂: Harvest for the World - The Christians



RUMBA BOX, DIAGONAL HIP BUMPS, RIGHT, DIAGONAL HIP BUMPS, LEFT

1&2 Step right to right, step left next right, step back right
3&4 Step left to left, step right next left, step forward left
5&6 Touch right toe diagonally forward right, bumping hips forward, bump hips back, bump hips forward stepping on right
7&8 Touch left toe diagonally forward left, bumping hips forward, bump hips back, bump hips forward stepping on left

ROCK FORWARD AND BACK, SHUFFLE ½ TURN, ROCK FORWARD AND BACK, ½ TURN RIGHT

1&2 Rock forward right, step back left, step back right
3&4 ½ turn left, shuffling left right left
5&6 Rock forward right, step back left, step back right
7&8 ½ turn right, step back left and turn and step forward right, step left together

TOUCH AND TOUCH, JAZZ BOX, TOUCH AND TOUCH, JAZZ BOX ¼

1&2 Touch right toe to right side, touch right toe to left instep, touch right toe to right side
3&4 Cross right over left, step left back, step right together
5&6 Touch left toe to left side, touch left toe to right instep, touch left toe to left side
7&8 Cross left over right, step right back, ¼ turn left stepping left to side (facing 9:00)

TOE STRUT, TOE STRUT, FORWARD MAMBO, BACK STRUT, BACK STRUT, SIDE ROCK CROSS

1& Step right forward toe, drop heel taking weight
2& Step left forward toe, drop heel taking weight
3&4 Rock forward right, step back left, step right together
5& Step left toe back, drop left heel taking weight
6& Step right toe back, drop right heel taking weight
7&8 Side rock left, recover on right, cross left over right

SIDE SHUFFLE RIGHT, BACK ROCK TOUCH, SIDE SHUFFLE LEFT, BACK ROCK KICK

1&2 Right side shuffle stepping right left right
3&4 Rock left back, recover right forward, touch left toe to right instep
5&6 Left side shuffle stepping left right left
7&8 Rock right back, recover left forward, kick right forward

CROSS, BACK, BACK, CROSS, BACK, BACK

1&2 Cross right over left, step left back, step right to right side
3&4 Cross left over right, step right back, step left to left side

REPEAT

TAG: At the end of the third wall

1&2 Touch right toe diagonally forward right, bumping hips forward, Bump hips back, bump hips forward stepping on right
3&4 Touch left toe diagonally forward left, bumping hips forward, Bump hips back, bump hips forward stepping on left

Restart and enjoy

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