Shim Sham Boogie

拍數: 64   **牆數:** 4   **級數:** Intermediate

編舞者: Susan Clark (CAN) & Bonnie King (CAN) - September 2007

音樂: Tuxedo Junction - Jools Holland

Intro: 32 counts - on all songs

Or Music: Getting' In The Mood - Brian Setzer Orchestra (182 BPM)
                   In The Mood - Andrews Sisters (143 BPM)

SECTION 1	**ROCK, RECOVER, ROCK, RECOVER, ROCK, KICK, CROSS, SIDE - (LEFT PUSH)**
1-2	Rock fwd on the L at the left diagonal and bump hips left (1), Recover weight on R and bump hips right (2)
3-4	Repeat counts 1-2
5-6	Rock fwd on the L at the left diagonal (5), Kick R across front of L (6)
7-8	Step R across in front of the L (7), Step L back on left diagonal (8)

SECTION 2	**ROCK, RECOVER, KICK BALL CHANGE, ROCK, RECOVER, KICK BALL CHANGE - (HALF BREAKS)**
1-2	Rock fwd on the R at the right diagonal (1), Recover weight on L (2)
3&4	Kick R fwd (3), Step R next to L (&), Step L next to R (4)
5-8	Repeat counts 1-4

SECTION 3	**FWD BOOGIE, CLAP, FWD BOOGIE, CLAP, SWIVEL, RECOVER, SWIVEL, RECOVER**
&1-2	Step R fwd (&), Step L beside R (1) (this is a slight jump fwd with feet shoulder width apart), Clap (2)
&3-4	Step R fwd (&), Step L beside R (3) (this is a slight jump fwd with feet shoulder width apart), Clap (4)
5-6	Weight on L toe and R heel, swivel L heel left and R toe right (5), Swivel back to standing position (6)
7-8	Repeat count 5-6

SECTION 4	**STEP, SLOW HALF TURN, SIDE, TOGETHER, SIDE, TOGETHER - (SUZY Q's)**
1-4	Step R fwd and bend knees (1), Slow ½ Turn left with bent knees transferring weight to the L (2-4) (6:00)
5-6	Skate R to right side pointing toe to the right and heel to the left (5), Drag/Step L beside R, straighten R (6)
7-8	Repeat counts 5-6

SECTION 5	**KICK, BALL, LEFT, RIGHT, LEFT, RIGHT, POINT, KNEE, KNEE, KNEE, - (MODIFIED SHORTY GEORGE)**
1&	Kick R to right side (1), Step R beside L (&)
2	Small step fwd on the ball of L (you should be on the balls of both feet with both knees bent) and shift both knees to the left side (2)
3	Small step fwd on the ball of R (staying on balls of feet and knees bent) and shift both knees to the right side (3)
4-5	Repeat counts 2-3
6	Point L to left side and shift the right knee to the left (6)
7-8	Shift the right knee to the right (7), Shift the right knee to the left (8)

SECTION 6	**¼ TURN , KICK, CROSS, GRIND, CROSS, GRIND, CROSS, GRIND (TRAVELLING LEFT)**
1-2	¼ turn left stepping fwd on L (1), Kick R to right side (2) (3:00)
3-4	Cross step R heel over L (3), Step L to left side as you grind R heel (4)
5-8	Repeat counts 3-4 two times

Alterative for SECTION 6 - Counts 3-8: **BEHIND, SPLIT, BEHIND, SPLIT, BEHIND, SPLIT** - (TRAVELLING HEEL SPLITS)

3-4	Cross R behind L (both heels pointing in) (3), Step L to left side (both heels pointing out) (4)

5-8   Repeat counts 3-4 two times

SECTION 7   STOMP, STEP, STOMP, STEP, STOMP, SLIDE, STOMP, SLIDE - (SHIM SHAM'S)

1-2   Stomp your R diagonally fwd to the right (1), Drag the R back next to the L taking weight (2)

3-4   Stomp your L diagonally fwd to the left (3), Drag the L back next to the R taking weight (4)

5-6   Stomp your R diagonally fwd to the right (5), Drag the R back next to the L, keeping weight on the left (6)

7-8   Repeat counts 5-6.

Alternative for SECTION 7 - **KICK, HITCH, KICK, KICK, HITCH, KICK, KICK, TOUCH - (SAVOY KICK)**

1-4   Kick R fwd (1), Hitch R knee (2), Kick R back (3), Step R behind L kicking L fwd (4)

5-8   Hitch L knee (5), Kick L back (6), Step L behind R kicking R fwd (7), Touch R beside L (8)

SECTION 8   STOMP, TAP, BACK, HEEL, BACK, TOGETHER, OUT, IN - (FULL BREAK)

1-4   Stomp your R diagonally fwd to the right (1), Tap L behind R (2), Step back on L (3), Touch R heel fwd (4)

5-8   Step back R (5), Step L beside R (6), Jump feet apart (7), Jump feet together (8)

(*If you have trouble jumping, or you've just run out of energy, replace counts 7-8 with a heel split*)

NOTE: The shim sham dance is traditionally done starting on the 8 count; we chose to do it starting on the 1 count because most line dances start there.