

Amigo Vulnerable

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Angela Rushing (USA) - September 2007
音樂: Amigo Vulnerable - Enrique Iglesias



Dance starts: 35 count intro (start on the words "Un Paso")

Or Music: Tired of Being Sorry- English by Enrique Iglesias (CD: Enrique Iglesias Insomniac)

R- BACK SHUFFLE, L-BACK SHUFFLE, KICK 2X, SAILOR STEP

1&2 Shuffle back- right, left, right
3&4 Shuffle back- left, right, left
5&6 Kick right foot twice
7&8 Step right behind left, step left to left side, step right beside left

½ TURN LEFT, ROCK, BODY ROLL, TOE HEEL STRUTS DIAGONAL

1&2 Cross left over right, turn ½ left (weight to left)
3& Rock right forward, body roll from right foot to left foot
4 Recover to left
5&6 Step right toe to right diagonal, step heel down
7&8 Step left toe to left diagonal, step heel down

CROSS, ¼ TURN, BACK LOCK, FWD MAMBO, BACK MAMBO

1&2 Cross right over left, making ¼ turn to right
3&4 Step right back, lock left over right, step right back
5&6 Rock right forward, recover on left, step right back
7&8 Rock left back, recover on right, step left forward

RIGHT GRAPEVINE WITH HITCH, LEFT GRAPEVINE WITH 1/2 TURN HITCH

1&2 Step right to right side, cross left behind right
3&4 Step right to right side, hitch left knee
5&6 Step left to left side, cross right behind left
7&8 Step left to left side, on ball of left turn 1/2 left, hitching right knee

Repeat counts 1-32 Enjoy dancing and have fun