

Listen To It

拍數: 56 牆數: 4 級數: Improver
編舞者: Maria Wick (UK) - September 2007
音樂: Radio - Shakin' Stevens : (CD:The Collection)



INTRO: 16 COUNTS

SECTION 1 **RIGHT CHASSE, ROCK RECOVER, LEFT CHASSE, ROCK RECOVER**

1 & 2 Step right to right side, step left next to right, step right to right side
3 - 4 Rock back on left, rock forward onto right
5 & 6 Step left to left side, step right next to left, step left to left side
7 - 8 Rock back on right, rock forward onto left

SECTION 2 **FOUR TOE STRUTS with claps**

1 - 2 Right toe forward, drop right heel and clap
3 - 4 Left toe forward, drop left heel and clap
5 - 6 Right toe forward, drop right heel and clap
7 - 8 Left toe forward, drop left heel and clap

SECTION 3 **MONTEREY TURN ½ TWICE, (OR 4 X SIDE TOUCHES RIGHT, LEFT, RIGHT, LEFT)**

1 - 2 Touch right to side, turn ½ right and step right together
3 - 4 Touch left to side, step left together
5 - 6 Touch right to side, turn ½ right and step right together
7 - 8 Touch left to side, step left together

SECTION 4 **RIGHT CHASSE, ROCK BACK ¼ RECOVER, SHUFFLE FORWARD, STEP PIVOT ½ TURN**

1 & 2 Step right to right side, step left next to right, step right to right side
3 - 4 Rock back on left ¼ left, rock forward onto right
5 & 6 Shuffle forward left-right-left
7 - 8 Step right forward, turn ½ left (weight to left)

SECTION 5 **FULL TURN LEFT (OR WALK RIGHT, LEFT), SHUFFLE FORWARD, STEP PIVOT ½ TURN, SHUFFLE FORWARD**

1 - 2 (Moving forward) ½ turn left stepping back on right, ½ turn left stepping forward onto left
3 & 4 Shuffle forward right-left-right
5 - 6 Step left forward, turn ½ right (weight to right)
7 & 8 Shuffle forward left right left

SECTION 6 **KICK/KICK WITH RIGHT, RIGHT COASTER STEP, KICK/KICK WITH LEFT, LEFT COASTER STEP**

1 - 2 Kick right foot forward, kick right foot to right side
3 & 4 Step back on right foot, step on left foot beside right, step forward on right foot
5 - 6 Kick left foot forward, kick left foot to left side
7 & 8 Step back on left foot, step on right foot beside left, step forward on left foot

RESTART HERE ON WALL 5

SECTION 7 **CROSS ROCK RECOVER STEPS TWICE (RIGHT OVER LEFT THEN LEFT OVER RIGHT), HIPS RIGHT, LEFT, RIGHT, LEFT**

1 & 2 Cross rock right over left, recover back onto left, step right beside left
3 & 4 Cross rock left over right, recover onto right, step left beside right
5 - 6 Sway hips right (weight right), sway hips left (weight on left)
7 - 8 Sway hips right (weight right), sway hips left (weight on left)

START AGAIN!

ONE RESTART ON 5TH WALL: Restart dance after section 6 (Kick/kicks & coasters)

