

Cowboy Mix

COPPER KNOB
BY STEPHEN BATES

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) - September 2007
音樂: Cowboy Mix - Aron Dees
或: Even Now - Sara Evans : (CD: Three Chords and The Truth)



Music 1 - 20 Count intro

Music 2 - 16 Count intro

4 Count Vine Right. Hip Bumps x 3. Touch.

- 1 - 4 Step Right to Right side. Cross Left behind Right. Step Right to Right side. Cross step Left over Right.
5 - 8 Step Right to Right side Bumping Hips Right. Bump Left. Bump Right. Touch toe Left beside Right.

1/4 Turn Left. Stomp Up. Side Step Right. Stomp Up. Left Side. Together. Step Forward. Brush.

- 1 - 2 Turn 1/4 turn Left stepping forward on Left. Stomp Up Right beside Left. (Weight on Left)
3 - 4 Step Right to Right side. Stomp Up Left beside Right. (Weight on Right) (Facing 9 O'clock)
5 - 8 Step Left to Left side. Close Right beside Left. Step forward on Left. Brush Right slightly forward.

Right Toe Strut Forward. Step. Pivot 1/2 Turn Right. Left Toe Strut Forward. Step. Pivot 1/2 Turn Left.

- 1 - 2 Step forward on Right toe. Drop Right heel to floor.
3 - 4 Step forward on left. Pivot 1/2 turn Right.
5 - 6 Step forward on Left toe. Drop Left heel to floor.
7 - 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 9 O'clock)

Right Lock Step Forward. Scuff. Step. Pivot 1/4 Turn Right. Cross. Hold.

- 1 - 4 Step forward on Right. Lock step Left behind Right. Step forward on Right. Scuff Left forward.
5 - 8 Step forward on Left. Pivot 1/4 turn Right. Cross step Left over Right. Hold. (Facing 12 O'clock)

Diagonal Step Back. Slide. Cross. Hold & Clap. (Right & Left)

- 1 - 2 Step Right diagonally back Right. Slide Left beside Right. (Weight on Left)
3 - 4 Cross step Right over Left. Hold and Clap.
5 - 6 Step Left diagonally back Left. Slide Right beside Left. (Weight on Right)
7 - 8 Cross step Left over Right. Hold and Clap. ***Restart & Tag at this Point ~See Below***

Right Toe Strut 1/4 Turn Right. Step. Pivot 1/2 Turn Right. Left Toe Strut 1/4 Turn Right. Back Rock.

- 1 - 2 Turn 1/4 turn Right stepping forward on Right toe. Drop Right heel to floor.
3 - 4 Step forward on Left. Pivot 1/2 turn Right.
5 - 6 Turn 1/4 turn Right stepping Left toe to Left side. Drop Left heel to floor.
7 - 8 Rock back on Right. Rock forward on Left. (Facing 12 O'clock)

Kick Forward x 2. Quarter Turn Right. Touch with Knee Pop. Quarter Turn Left. Touch. Touch. Touch.

- 1 - 2 Kick Right slightly forward x 2.
3 - 4 Turn 1/4 turn Right stepping Right slightly Right. Touch Left toe beside Right - Popping Left knee in.
5 - 6 Turn 1/4 turn Left stepping Left slightly forward. Touch Right toe beside Left.
7 - 8 Touch Right toe out to Right side. Touch Right toe beside Left. (Facing 12 O'clock)

Rolling Vine Full Turn Right. Touch. Vine 1/4 Turn Left. Brush.

- 1 - 4 Rolling Vine Full turn Right stepping Right. Left. Right. Touch Left beside Right.

- 5 - 6 Step Left to Left side. Cross Right behind Left.
7 - 8 Turn 1/4 turn Left stepping forward on Left. Brush Right forward and to Right side. (Facing 9 O'clock)

Start Again

Note : When dancing to the music 'Cowboy Mix' a Restart & Tag is needed during Wall 5. Dance up to & including Count 40. Add on a 4 Count Tag; then Start the Dance Again from the Beginning..Easy!!

4 Count Tag: Side Step Right. Touch. Side Step Left. Touch. (Facing 12 O'clock)

- 1 - 2 Step Right to Right side. Touch Left toe beside Right.
3 - 4 Step Left to Left side. Touch Right toe beside Left.
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