

# Short Train

**COPPERKNOB**  
STEPSHEETS

拍數: 40      牆數: 2      級數: Beginner  
編舞者: Wanda Heldt (AUS) - 2004  
音樂: Longtrain Running - Bananrama



Or Music: Achy Breaky Heart by Billy Ray Cyrus & will fit to most music  
Split Floor: Who Did You Call Darling

## RIGHT VINES WITH HIPS SWAYS

1-4      Step Right, Left behind Right Left, Step Right, Hold on count 4  
5-8      Sway Hips Left, Right, Left, Right - [Weight on Right]

## LEFT VINES WITH HIPS SWAYS

1-4      Step Left, Right behind Left, Step Left, Hold on count 4  
5-8      Sways Hips Right, Left, Right, Left - [Weight on Left]

## RIGHT & LEFT SKATES FORWARD, WITH HOLDS

1-2      Step R forward at [2:00] Step Left forward at [11:00]  
3-4      Step R forward at [2:00], & Hold - [Wt. on R]  
5-6      Step L forward at [11:00], Step Right forward at [2:00]  
7-8      Step L forward at [11:00], & Hold - [Wt. on L]

## WALK BACK RIGHT & LEFT, WITH HITCH

1-4      Walk back Right, Left, Right, Hitch Left Knee  
5-8      Walk back Left, Right, Left, Touch Right toe next to Left

## 1/4 MONTERYS TO THE RIGHT

1-2      Point Right Toe to side, Step leg in & Pivot 1/4 Right  
3-4      Point Left Toe to the side, bring leg back [Wt. on L]  
5-6      Point Right Toe to side, Step leg in & Pivot 1/4 Right  
6-8      Point Left Toe to the side, bring leg back in [Wt. on L]

**RESTART: DANCE WITH ATTITUDE - HAVE FUN**