Workin' Man

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拍數: 32

級數: Beginner

編舞者: Lynne Curtis (USA) - September 2007

牆數: 2

音樂: Working Man Blues - Ricky Van Shelton : (CD Album: Working The Hits, Madacy Records)

Start dance on vocals.

Note: Because the dance is very fast, the Ricky Van Shelton version of ?Workin? Man Blues? is preferable as it is only 2 min. 43 sec. long.

GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, STEP

- Step right to right side, cross left behind right, step right to right side, touch left next to right. 1 - 4
- 5 8 Step left to left side, cross right behind left, step left to left side, step right next to left.

KNEE BENDS AND CLAPS

- 1 2 Bounce both knees together, down / up, clap right
- 3 4 Bounce both knees together, down / up, clap right of center
- 5?6 Bounce both knees together, down / up, clap left of center.
- 7?8 Bounce both knees together, down / up, clap left.

Note ? Claps are in a semi circular move, right to left across your body.

THREE WALKS FORWARD WITH HOLDS, ¼ TURN STEP, HOLD (WITH ATTITUDE)

- 1 4 Step forward on right, hold, step forward on left, hold.
- 5 8 Step forward on right, hold, 1/4 turn left step left hold.

CHASSE? RIGHT HITCH, CHASSE? LEFT HITCH. WITH ¼ TURN LEFT

- 1 4 Step right to right side, close left beside right, step right to right side, hitch left knee.
- Step left to left side, close right beside left, step to left side while turning 1/4 turn left, hitch 5 - 8 right knee.

REPEAT

EMail

