

Well Connected

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Anne Hewitt (UK) - September 2007
音樂: In a Letter to You - Eddy Raven : (CD: Wild Eyed And Crazy)



Or Music: We Are Family by Sister Sledge [132 bpm / Party Animal]

RIGHT VINE KICK, LEFT VINE TOUCH

1-2 Step right to right side, cross left behind
3-4 Step right to right side, kick left across right
5-6 Step left to left side, cross right behind
7-8 Step left to left side, touch right next to left

RIGHT KICK BALL CHANGE, STEP DRAG, LEFT KICK BALL CHANGE, STEP DRAG

1&2 Kick right forward, step right beside left, step left in place
3-4 Step right to right side, drag left next to right (weight kept on right)
5&6 Kick left forward, step left beside right, step right in place
7-8 Step left to left side, drag right next to left (weight kept on left)

BACK TOE STRUTS TWICE, ROCK RECOVER, CROSS TOUCH

1-2 Touch right toe back, drop heel
3-4 Touch left toe back, drop heel
5-6 Rock back on to right, recover on to left
7-8 Cross right over left, touch left to left side

CROSS & STEP CROSS, DIP, ½ UP UNWIND, HIP BUMPS

1-2 Cross left over right, step right to right side
&3-4 Step left next to right, step right to right side, cross left across right
5-6 Bend knees and dip with legs crossed, unwind ½ right and straighten legs (weight on left as you finish the unwind)
7&8 Bump hips left, right, left

REPEAT

TAG: When danced to Eddy Raven In A Letter To You, use the following repeat and tag at the end of Wall 3 (When instrumental starts)

1-16 Repeat the first 16 counts only, Then continue with dance

End of wall 6 add this 4-count tag:

1-2 Step right to right side, touch left next to right
3-4 Step left to left side, touch right next to left
Optional: you can place hands, arms stretched on each others shoulders during the first 16 counts when using the Sister Sledge track

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