

American Soldier

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Thompson Szymanski (USA) - September 2007
音樂: American Soldier - Toby Keith : (CD: Shock 'N Y'all)



Wait for him to sing the first verse of 32 counts, then start the dance on the word "do" of the line "I don't do it for the money". Listening Tip: You will be counting in 5,6,7,8 starting with "5" on the word "Head" of the line "Head down to my boots".

WALK FORWARD 4, 2 SYNCOPATED TWINKLES MOVING BACK

- 1-4 Step forward right, left, right, left (walk with pride)
5&6 Step right foot across in front of left (allow body to turn slightly left so that this step will start you traveling back to where you started), step left foot to left side, step right foot to right side and slightly back
7&8 Step left foot across in front of right (allow body to turn slightly right to continue moving back to where you started), step right foot to right side, step left foot to left side

JAZZ BOX, WEAVE RIGHT, CROSS BACK, UNWIND ½ RIGHT

- 1-2 Step right foot across in front of left, step back with left foot
3-4 Step right foot to right side, step left foot across in front of right
5-6 Step right foot to right side, step left foot crossed behind right
7 Sweep right toe around right side and place ball of right foot crossed tightly behind left
8 Keeping feet where they are, unwind right ½ turn, end with weight on right foot

CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

- 1-2 Step left foot across in front of right, step right foot to right side
3&4 Step left foot crossed behind right, step ball of right foot to right side, step left foot in place and slightly forward to be under body
5-6 Step right foot across in front of left, step left foot to left side
7&8 Step right foot crossed behind left, step ball of left foot to left side, step right foot in place and slightly forward to be under body

CROSS, SIDE, SYNCOPATED CHASSE RIGHT TWICE, ROCK & TURN

- 1-2 Step left foot across in front of right, step right foot to right side
3&4 Hold, step together with left foot, step right foot to right side
5&6 Hold, step together with left foot, step right foot to right side
7&8 Rock left foot across in front of right, recover back to right foot, turn ¼ left and step forward with left foot

REPEAT

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