

Chinese Boxes

拍數: 48 牆數: 4 級數: Improver
編舞者: Angela Rushing (USA) - September 2007
音樂: Chinese Boxes - Kim Richey



Dance starts: 33 count intro (start on the words? You like?)

TOE STRUTT 4X, (SHRUG YOUR SHOULDERS)

- 1-2 Step right toe forward, (shrug your shoulders), step down on right heel (shrug your shoulders)
3-4 Step left toe forward, (shrug your shoulders), step down on left heel (shrug your shoulders)
5-8 Repeat 1-4

RIGHT GRAPEVINE WITH HITCH, LEFT GRAPEVINE WITH 1/2 TURN HITCH

- 1-2 Step right to right side, cross left behind right
3-4 Step right to right side, hitch left knee
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, on ball of left turn 1/2 left, hitching right knee

TWO LEFT FANS; SWIVEL TO LEFT (TOES, HEELS, TOES, HEELS)

- 1-2 Left toes fan to side, left toes back to center
3-4 Repeat 1&2
5-6 Swivel left toes to right, swivel left heels to left
7-8 Swivel left toes to left, swivel left heels to center

TWO RIGHT FANS; SWIVEL TO RIGHT (TOES, HEELS, TOES, HEELS)

- 1-2 Right toes fan to side, right toes back to center
3-4 Repeat 1&2
5-6 Swivel right toes to right, swivel right heels to right
7-8 Swivel right toes to right, swivel right heels to center

HOP 4x, SAILOR STEP, SAILOR STEP ¼ TURN

- 1-4 Hop right foot, left, right, left
5-6 step right foot back behind left foot, step left foot to left side, step right foot next to left
7-8 step left foot back behind right foot, step right foot to right side, making ¼ turn to the left

SWIVEL, SWIVEL

- 1-2 Swivel both heels diagonally right, swivel both heels diagonally left
3-4 Repeat 1&2 (clap at 4 counts)
5-8 Repeat 1-4

Repeat counts 1-48 Enjoy dancing and have fun