

My Friends Sing

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nikki Lynne (USA) - September 2007
音樂: All My Friends Say - Luke Bryan



Or Music: Sing sing sing by G-Swing feat. Ania Chow

CHARLESTON STEPS - TOUCH - BACK - 1/4 TURN COASTER STEP(3:00)

1-2 Touch left toe forward - step back with left
3-4 Touch right toe back - step forward with right foot
5-6 Touch left toe forward - step back with left
7-8 Step back with right doing a 1/4 turn right - left beside right - step forward with right foot

4 SKATES- 1/2 PADDLE TURN (9:00)

9-10 Step left foot forward toe pointing left diagonal, Straighten heel- Step right foot forward toe pointing to right diagonal,
11-12 Repeat 9-10
13& Touch left toe forward - doing a 1/8 turn right weight stays on Right
14& Touch left toe forward - doing a 1/8 turn right weight stays on Right
15& Touch left toe forward -doing a 1/8 turn right weight stays on Right
16& Touch left toe forward - doing a 1/8 turn right weight stays on Right

Hitch ,Touch, Hitch, Step touch 2X

17-18 Hitch L knee up and across R knee, touch L toe to L side
19&20 Hitch L knee up and across R knee, (&)step L, touch R Toe next to L
21-22 Hitch R knee up and across L knee, touch R Toe To R side
23&24 Hitch R knee up and across L knee (&)step R, touch L Toe next to R (weight on R)
(variation)
17-18 Touch left toe forward in right diagonal - touch left toe to left side
19-20 Touch left toe forward in right diagonal - step left to left side taking weight
21-22 Touch right toe forward in left diagonal - touch right toe to right side
23-24 Touch right toe forward in left diagonal - step right to right side taking weight)

MASH POTATOES, TOUCH- 1/2 PADDLE TURN (3:00)

&25 Swing left foot back & behind right foot, while pushing R heel to R & back to center
&26 Swing right foot back & behind left, while pushing L heel to L and back to center
&27 Repeat &25,
&28 Swing R foot out Touch R toe to R instep
29& Touch Right toe to Right side - turning a 1/8 turn left
(variation)
25 Swing L foot behind R foot 26. Swing R foot behind L
27 Swing L foot behind R, 28. Touch R toe to R instep)
30& Touch Right toe to Right side - turning a 1/8 turn left
31& Touch Right toe to Right side - turning a 1/8 turn left
32& Step R 1/8 turn to left completing 1/2 turn(weight on R)

START AGAIN

Musicfor Sing Sing Sing slows down for a 32 counts break in the middle. Continue doing the dance as it comes back on the first count again.