

Spank Me

拍數: 41 牆數: 4 級數: Beginner
編舞者: Barbara Lowe (UK) - August 2007
音樂: Hanky Panky - Madonna : (CD: I'm Breathless)



Start on vocals

Grapevine Right hip bumps ,grapevine left hip bumps

1&2 step right to right side , step left behind right ,step right to right side
3&4& bump hips left right left right (with hands on hips)
5&6 step left to left side ,step right behind left, step left to left side
7&8& right left right left (hands on hips)

step forward right left ,step back right left, 1/4 pivot turns right , hip roll

9-10 step forward right step forward left feet slightly apart
arms: *step forward right right hand goes on back of head ,step forward left left hand goes on back of head*
11-12 step back on right step back on left feet slightly apart
Arms: *Step back on right ,right hand goes on bum step back on left ,left hand goes on bum*
13&14 point right to right side, on ball of left pivot 1/4 turn right closing left next to right
15-16 roll your hips round right

grapevine right, heel toes heels left, toe struts and shimmy 's

17&18 step right to right side, step left behind right ,step right to right side close left next to right
19&20& swivel heels to the left ,swivel toes to the left ,swivel heels to the left
21& touch right toe forward ,drop heel down
22& touch left toe forward ,drop heel down
23 & touch right toe forward ,drop heel down (shimmy shoulders)
24 & touch left toe forward ,drop heel down (shimmy shoulders)

1/4 monterey turns right, jump's forward

25 &26 point right to right side, on ball of left pivot 1/4 turn right closing left next to right
27&28 point right to right side, on ball of left pivot 1/4 turn right closing left next to right
29 &30 jump forward right left
31&32 jump forward right left

Toe struts back X2, jump back x2 toe struts back X2

34& touch right toe back ,drop heel down
35& touch left toe back drop heel down
36&37 jump back right left
38&39 jump back right left
40& touch right toe back ,drop heel down
41& touch left toe back drop heel down

START AGAIN

Baby Tag on the END of wall 1

1&2 point right to right side close right next to left
3&4 point left to left side close left next to right