

Stay Out Of My Arms

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Gordon Timms (UK) - September 2007
音樂: Stay Out of My Arms - George Strait : (CD: Strait Out Of The Box)



16 Count In. Start on the vocals.

SECTION 1 HEEL DIG, HEEL HOOK, HEEL DIG, TOE TOUCH, VINE RIGHT AND TOUCH.

- 1 - 2 Heel Dig right heel at right diagonal, hook right heel up to left knee
- 3 - 4 Heel dig right heel at right diagonal, touch right toe to the instep of the left foot.
- 5 - 6 Step right to right side, Step left behind right.
- 7 - 8 Step right to right side, touch left next to right. [Faces 12.00]

SECTION 2 HEEL DIG, HEEL HOOK, HEEL DIG, TOE TOUCH, VINE LEFT AND TOUCH.

- 1 - 2 Heel Dig left heel at left diagonal, hook left heel up to right knee
- 3 - 4 Heel dig left heel at left diagonal, touch left toe to the instep of the right foot.
- 5 - 6 Step left to left side, Step right behind left.
- 7 - 8 Step left to left side, touch right next to left. [Faces 12.00]

SECTION 3 DIAGONAL STEPS FORWARD AND BACK WITH CLAPS, BACK SCOOT, HITCH.

- 1 - 2 Step forward RIGHT diagonally on the right foot, Touch left toe next to right instep and CLAP
- 3 - 4 Step backwards diagonally to the LEFT on the left foot, Touch right toe next to left instep with a CLAP
- 5 - 6 Step backwards RIGHT diagonally on the right foot, CLOSE left foot next to right foot.
(Weight left)
- 7 - 8 Step backwards RIGHT diagonally on the right foot, hitch left knee up slightly and CLAP.
(Weight right) [Faces 12.00]

SECTION 4 QUARTER TURN, STEP, TOUCH, SIDE, BEHIND, QUARTER TURN, TOUCH.

- 1 - 2 Turning quarter turn left, step left forward, (1) Touch right next to left instep (2)
- 3 - 4 Step right to right side, Touch left next to right instep.
- 5 - 6 Step left to left side, Step right behind left.
- 7 - 8 Turning quarter turn left, step left forward,(7) Touch right toe next to left instep (8) (Weight on left) [Faces 6.00]

END OF DANCE - ENJOY

TAG: At the end of walls (3) and (7) 6.00 walls.and (8) 12.00 wall..add the following 4 count bridge.

- 1 - 2 Step right to right side, touch left next to right.
- 3 - 4 Step left to left side, touch right next to left.

FINISH: After the third tag you will start the dance again from the 12:00 wall. Dance through to the end of Section 2 and finish facing the front.

This dance was written for Diane Sykes - DI'MOND SPURS LINE DANCERS.

ENJOY THE DANCE!

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