

Almost Always

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephen Sunter (UK)
音樂: Almost Always - Chris Cummings



STEP, LOCK, STEP, SIDE STEP, LOCK RIGHT, UNWIND SLOWLY

- 1-2 Step right diagonally forward (1:00), step lock left behind right
- 3-4 Step right diagonally forward, step left diagonally forward (11:00)
- 5 Cross right behind left, knees bend slightly
- 6-7-8 Unwind ½ turn right and straighten knees (weight ends on left)

STEP, LEFT SAILOR, RIGHT SAILOR, VINE RIGHT

- 1 Step right diagonally forward right
- 2&3 Left behind right, right to side, step left to left
- 4&5 Right behind left, left to side, step right to right
- 6-7-8 Step left behind right, step right to side, touch left next to right

ROCK STEP, STEP BACK, TOUCH, HEEL JACK, STEP LEFT, STEP RIGHT, ¼ TURN

- 1-2 Rock forward left, replace weight to right
- 3-4 Step back left, touch right next to left with weight on ball of foot
- &5 Push off right and step back left, right heel forward
- &6 Step right back in place, step forward left
- 7-8 Step forward right, pivot ¼ turn left

HEEL IN & OUT, CROSS STEP, POINT, CROSS, UNWIND, SIDE STEP, TOGETHER

- &1 Place right toe forward with heel turned out, turn heel inward
- &2 Turn heel outward, turn heel inward
- 3-4 Cross step right over left, point left out to left
- 5-6 Cross left over right, unwind a full turn right
- 7-8 Step right to right side, step left next to right with weight

REPEAT
