

Allrighty Then

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jillian Miller (USA)
音樂: Alright Guy - Gary Allan



RIGHT HEEL, TOE SLAP, HEEL TAPS, LEFT HEEL, TOE SLAP, HEEL TAPS

- 1 Step right heel diagonally forward
- 2 Slap right toe down
- 3-4 Tap right heel twice, shifting weight to right foot
- 5 Step left heel diagonally forward
- 6 Slap left toe down
- 7-8 Tap left heel twice, shifting weight to left foot

STEP RIGHT-LEFT, KNEE ROLLS (12:00)

- 1 Roll right knee out, stepping forward
- 2 Roll left knee out, stepping left next to right, feet shoulder-width apart
- 3-4 Roll knees in then out
- 5 Step right with right foot
- 6 Slide left next to right
- 7&8 With elbows bent, roll shoulders forward twice

STEP RIGHT, HOLD, ¼ PIVOT LEFT, STEP RIGHT, HOLD, LEFT HEEL JACK (9:00)

- 1-2 Step right forward, hold
- 3-4 Pivot ¼ left, hold
- 5-6 Step right forward, hold
- 7 Hop back on left
- 8 Hop forward on right

STEP LEFT, SHIMMY, STEP RIGHT, SHIMMY, CROSS ¼ (12:00), PIVOT ¼ RIGHT (3:00)

- 1&2 Left large step forward, with shimmy movement
- 3&4 Slide right forward next to left, shimmy in place
- 5&6 Right large step to right, with shimmy movement
- 7 Cross left over right making ¼ turn right
- 8 Pivot ¼ right on balls of feet

PIVOT ¼ RIGHT (6:00), CROSS, POINT, BACKWARDS PIVOT ¾ RIGHT (3:00)

- 1 Step left forward
- 2 Pivot ¼ right, changing weight to right
- 3 Step left across right
- 4 Point right toe to right side
- 5 Touch right toe diagonally behind left
- 6-7-8 Backwards ¾ turn right, changing weight to right

LEFT KNEE HITCH, KNEE ROLLS, KICK-BALL-CHANGE, KNEE ROLLS

- 1 Hitch left knee up
- 2 Step left beside right
- 3-4 Knees together, roll left then right
- 5&6 Kick right forward, step on right ball of foot, step left next to right
- 7-8 Knees together, roll left then right

RIGHT SIDE ROCK, MAMBO IN PLACE, LEFT SIDE ROCK, MAMBO IN PLACE

- 1-2 Step right to right side, rock back left to left side
- 3&4 Rock back and forth: right-left-right
- 5-6 Step left to left side, rock back right to right side
- 7&8 Rock back and forth: left-right-left

RIGHT MAMBO, LEFT TOE BACK TOUCH, LEFT STOMP, RIGHT HEEL FORWARD BODY LEAN, TOUCH, RIGHT TOE TOUCH BACK BODY LEAN

- 1 Step right forward
- & Step left in place
- 2 Step right back
- 3 Touch left toe back
- 4 Stomp left next to right
- 5 Touch right heel forward, leaning body back
- 6 Touch right next to left, straightening body to center
- 7 Touch right toe back, leaning body forward
- 8 Touch right next to left, straightening body to center

REPEAT
