

All You Need Is Love

COPPER **KNOB**
BY STEPHEN SUNTER

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephen Sunter (UK)
音樂: All You Really Need Is Love - Brad Paisley



You can count your real friends on one hand and this dance is dedicated to one of them; Tony Wood, I know you will soon be on your feet again and All You Need Is Love to help get there. I hope this dance will help you get back onto the dance floor. Take it easy and make sure it's only one step at a time

TOE HEEL STOMP, BEND KNEES, STRAIGHTEN KNEES, TOE HEEL STOMP

1&2 Touch right toe in place, touch right heel in place, stomp forward right
3&4 While bending knees move knees right, left, right
5&6 While straightening knees move knees left, right, left (finish with weight on right foot)
7&8 Touch left toe in place, touch left heel in place, stomp forward left

ROCK, RECOVER, ROCK, TOGETHER, TOE HEEL TURN, ROCK FORWARD, STEP BACK

1&2 Rock forward right, replace weight to left, step right next to left
3&4 Rock back left, replace weight to right, step left next to right
5& Touch right toe in place, touch right heel in place
6 Touch right toe next to left making $\frac{1}{4}$ turn left
7&8 Rock forward right, recover weight to left, step back right

HIP BUMPS, HIP BUMPS, ROCK BACK, TOGETHER, RIGHT SHUFFLE

1&2 Step back left and bump hips back, bump forward, bump back
3&4 Step back right and bump hips back, bump forward, bump back
5&6 Rock back left, replace weight to right, step left next to right
7&8 Shuffle forward right, left, right

ROCK FORWARD, TOGETHER, SIDE SHUFFLE, SAILOR STEP, PADDLE TURN

1&2 Rock forward left, replace weight to right, step left next to right
3&4 Right to right side, left together, right to right side
5&6 Left behind right, right to right side, making $\frac{1}{4}$ turn left step forward left
7 Make a $\frac{1}{4}$ turn left and touch right toe out to side
8 Make a $\frac{1}{2}$ turn left and touch right toe out to side

REPEAT
