All Ya'll

COPPER KNOB

拍數: 32

級數: Intermediate west coast swing

編舞者: Carole Daugherty (USA)

音樂: More Bounce (In California) - Soul Kid #1

牆數:4

Thanks again to Kevin Winn for suggested music

RIGHT WIZARD, KNEE ROLL, STEP, PIVOT ½ LEFT, TURN ½ LEFT-TOGETHER-BACK-TOUCH 1-2& Step wide to the right on right, lock left behind, step onto right &3-4 Touch left toes next to right, roll both knees left, step left heel down in place Or 3&4 Brush left toes forward, press forward into left toes, stamp left heel down in place 5-6 Step right foot forward, pivot ½ left onto left foot &7&8 Turn ½ left stepping back on right, step left next to right, step back on right, touch left toes next to right foot with bent knee, (12:00)

COASTER POINT, FORWARD: BALL-STEP-BALL-STEP, BRUSH-¼ RIGHT-TOUCH, HOLD, RIGHT WEAVE

- 1&2 Step back on left, step together with right, point/kick left toes forward
- &3&4 Step on ball of left, forward run: step forward right, step forward on ball of left, step forward right
- &5-6 Brush left toes forward, turn ¼ right stepping on left while touching right toes next to left, hold/pose
- &7&8 Step right with right, step left behind right, step right with right, step left across right, (3:00)

KICK-1/4 RIGHT-POINT, BEHIND-SIDE-FORWARD SAILOR, MODIFIED FORWARD ANGLED STRUTS

- 1&2 Kick right foot forward, turn ¼ right onto right, point left toes out left
- 3&4 Step left behind right, step slightly right on right, step forward on left
- 5&6& Angled left: brush right foot forward, press right foot in front of left, turn left heel in while bending both knees apart, straighten knees to stand on right foot
- 7&8& Angled right: brush left foot forward, press left foot in front of right, turn right heel in while bending both knees apart, straighten knees to stand on left foot, (6:00)

RIGHT & LEFT SWITCH POINTS, BALL-CROSS-HITCH-STEP, BEHIND-SIDE-STEP, ¼ RIGHT WEAVE

- 1&2 Point right toes right, step together with right, point left toes left with body angled left
- &3&4 Step left next to right, step right forward across left, lift left hip while swiveling right heel in, step out left on left foot
- 5&6 Rock right foot behind left, recover onto left, prep step right foot out right
- 7&8 Step left behind right, turn ¼ right onto right, step forward on left, (9:00)

REPEAT

RESTART

After 8 repetitions facing 12:00, during end of instrumental section, dance the 1st 8 counts, then step back on the ball of left on the '&' count to begin dance again with count 1 facing 12:00 with vocal return

ENDING OPTION

During final repetition of dance, turn weave in counts 31&32, ½ right to end facing 12:00 on count 32

