

All Wrapped Up

拍數: 0 牆數: 2 級數: Improver
編舞者: Frank Cooper (CAN)
音樂: Wrapped Around - Brad Paisley



Sequence: AAB, AAB, A, tag, A, A short

PART A

STEP SCUFF TWICE, JAZZ BOX ½ TURN RIGHT

- 1-4 Step forward on right foot, scuff left foot past right foot, step forward on left foot, scuff right foot past left foot
- 5-8 Cross right foot over left, step back on left foot ¼ turn right, step forward on right foot ¼ turn right, step together with left beside right

STEP SCUFF TWICE, JAZZ BOX ¾ TURN RIGHT

- 9-12 Step forward on right foot, scuff left foot past right foot, step forward on left foot, scuff right foot past left foot
- 13-16 Cross right foot over left, step back on left foot ¼ turn right, step forward on right foot ¼ turn right, step together with left ¼ turn right beside right (completing ¾ turn right)

KICK, KICK, SAILOR STEP RIGHT THEN LEFT,

- 17-18 Kick right foot across left leg, kick right foot out to right side
- 19&20 Step right foot behind left, step left foot to left side (&), step right foot to right side
- 21-22 Kick left foot across right leg, kick left foot out to left side
- 23&24 Step left foot behind right, step right foot to right side, step left foot to left side

CROSS SIDE TRIPLE ½ TURN, RIGHT THEN LEFT

- 25-26 Step right foot over left, step left foot to left side
- 27&28 Triple step right, left, right, making a ½ turn to the right and traveling to the right side
- 29-30 Step left foot over right, step right foot to right side
- 31&32 Triple step left, right, left, making a ½ turn to the left and traveling to the left side

ROCK STEP, COASTER STEP, ROCK STEP, TRIPLE ¾ TURN LEFT

- 33-34 Rock forward on right foot, recover onto left
- 35&36 Step back on right foot, step together with left, step forward on right
- 37-38 Rock forward on left foot, recover onto right
- 39&40 Triple step left, right, left, making a ¾ turn to the left

POINT SIDE CROSS OVER TWICE, MONTEREY ½ TURN RIGHT

- 41-44 Point right toe to right side, step right foot over left, point left toe to left side, step left foot over right
- 45-48 Point right toe to right side, bring right foot beside left foot ½ turn right, point left toe to left side, step left foot together

PART B

STOMP RIGHT FORWARD, HOLD 3 COUNTS, TWO ROCK STEPS

- 1-4 Stomp right foot forward, hold for counts 2-4
- 5-8 Rock forward on left, recover onto right, rock back on left, recover onto right

ROCK STEP FORWARD, TRIPLE ½ TURN LEFT

- 9-10 Rock forward on left, recover onto right
- 11&12 Triple step left, right, left, making ½ turn left

SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE STEP LEFT, ROCK STEP

- 13&14 Step right foot to right side, bring left foot to right foot, step right foot to right side
15-16 Rock back on left foot, recover onto right
17&18 Step left foot to left side, bring right foot to left foot, step left foot to left side
19-20 Rock back on right foot, recover onto left

TAG

POINT SIDE, CROSS OVER TWICE, MONTEREY ½ TURN

- 1-4 Point right toe to right side, step right foot over left foot, point left toe to left side, step left foot over right foot
5-8 Point right toe to right side, bring right foot beside left foot ½ turn right, point left toe to left side, step left foot beside right

STOMP FORWARD, HOLD FOR 3 COUNTS, ROCK STEP, COASTER STEP

- 9-12 Stomp right foot forward, hold for 3 counts
13-14 Rock step forward on left foot, recover onto right
15&16 Step back on left foot, step together with right, step forward on left foot

At the end of the dance you will be doing part A, you will only get to go as far as count 44 and the song will end on the point side facing the front wall.
