

# All Week Long (7 Nights To Rock)

**COPPER** **KNOB**  
BY STEPHEN METELNICK

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Peter Metelnick (UK)  
音樂: Seven Nights to Rock - BR5-49



## VINE RIGHT 3, SCUFF LEFT, LEFT CROSS ROCK OVER RIGHT TWICE-7 NIGHTS TO ROCK

- 1-3      Step right foot to right side, cross step left foot behind right foot, step right foot to right side  
4      Scuff left foot forward, turning body slightly to the right  
5-6      Cross-rock left foot over right foot, rock back and recover weight on right foot  
7-8      Cross-rock left foot over right foot, rock back and recover weight on right foot

## LEFT & RIGHT STEP-TOUCHES, 1 ¼ TURN LEFT\*-7 NIGHTS TO ROLL

- 9-10      Step left foot to left side, touch right foot together (optional-clap/snap)  
11-12      Step right foot to right side, touch left foot together (optional-clap/snap)  
13-14      Step left foot to left side turning ¼ left, step right foot forward turning ½ left\*  
15-16      Step left foot back turning ½ left (now facing left side wall), scuff right foot forward\*

### Non-turning alternative for counts 13-16:

- 13-14      Step left foot to left, cross-step right foot behind left foot  
15-16      Step left foot to left turning ¼ left, scuff right foot forward

## RIGHT & LEFT FORWARD STEP-SCUFFS, BACK 3 AND LEFT HITCH

- 17-20      Step right foot forward, scuff left foot forward (optional clap hands), step left foot forward, scuff right foot forward (optional clap hands)  
21-24      Step back right-left-right, hitch left knee (optional-and hop on right foot)

## LEFT BACK COASTER, RIGHT SCUFF FORWARD, RIGHT JAZZ BOX WITH ¼ RIGHT

- 25-28      Step left foot back, step right foot together, step left foot forward, scuff right foot forward  
29-30      Cross-step right foot over left foot, step back on left foot  
31-32      Step right foot to right side turning ¼ right (now facing front wall), step left foot together

## RIGHT ½ MONTEREY TURN, TOE STEPS TRAVELING LEFT

- 33-34      Touch right toes out to right side, pivot ½ right on left foot and step right foot together (now facing back wall)  
35-36      Touch left toes out to left side, step left foot together  
37-40      Turning body on a left diagonal cross-touch right toes over left foot, step right heel down (optional-snap fingers), cross-touch left toes to left side, step left heel down (optional-snap fingers)

## RIGHT CROSS-ROCK, ¼ RIGHT, LEFT HITCH, LEFT FORWARD-LOCK-FORWARD, RIGHT BOOT SLAP

- 41-42      Cross-rock right foot over left foot, rock back and recover weight on left foot  
43-44      Turn ¼ right and step right foot forward (now facing left side wall), hitch left knee up (optional-and hop on right foot)  
45-46      Step left foot forward, step right foot forward "locking" behind left heel  
47-48      Step left foot forward, raise right leg behind left leg and slap right boot with left hand

## REPEAT