

All Through The Night

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Roz Morgan (USA)
音樂: The One - Backstreet Boys



TOE TOUCHES, SHUFFLES

1-2 Touch left toe forward, touch left toe next to right foot
3-4 Touch left toe forward, touch left toe next to right foot
5&6 Shuffle forward left, right, left
7&8 Shuffle forward right, left, right

KICK, STEP BACK, TOUCH, RIGHT HIP BUMPS, STEP TOUCHES

1&2 Kick left foot forward, step back on left foot, touch right foot next to left foot
3& Bump hips right, return hips to center
4 Bump hips right as you step the right foot to the right
5& Step left foot across right foot, step right foot in place
6& Step left foot to left side, step right foot in place
7& Step left foot back, step right foot in place
8 Step left foot next to right foot (left foot takes weight)

STEP TOUCHES, PIVOT ½ TURN, SHUFFLE ½ TURN

1& Step right foot across left foot, step left foot in place
2& Step right foot to right side, step left foot in place
3& Step right foot back, step left foot in place
4 Step right foot next to left foot (right foot takes weight)
5-6 Step forward on left foot, pivot ½ turn right as you step on right foot
7&8 Shuffle ½ turn to right as you step left, right, left (completes full turn with pivot)

MAMBO BACK, MAMBO FORWARD, MAMBO CROSS, ¼ TURN HEEL POPS

1&2 Step back on right foot, step left foot in place, step right foot next to left foot
3&4 Step left foot forward, step right foot in place, step left foot next to right foot
5&6 Step right foot to right side, step left foot in place, cross right foot over left foot
7-8 Lift both heels as you make ¼ turn to left, repeat ¼ turn to complete ½ turn (weight on right foot)

REPEAT
