

All The Way

COPPER KNOB
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dawn Sherlock (UK) & Mark Furnell (UK)
音樂: All the Way - Craig David



KICK, OUT, OUT, HIP ROLLS, HIP BUMPS FORWARD AND BACK

1&2 Kick right forward, step right out to side, step left out to side
3-4 Roll hips anti clock wise making a ¼ turn left over 2 counts (weight stays on right)
5-6 Bump hips forward over left, bump hips back over right
7&8 Bump hips forward, back, forward (weight goes onto left)

KICK, CROSS, TOUCH, HEELS TWISTS, KICK CROSS POINT, KICK CROSS POINT

1&2 Kick right forward, cross right over left, touch left back
3&4 Twist heels right left right making ½ turn left (weight stays back on right)
5&6 Kick left forward, cross left over right, point right to right side
7&8 Kick right forward, cross right over left, point left to left side

BALL, CROSS, ¼ TURN, KICK AND TOUCH, PRESS, PUSH, CROSS, OUT, OUT

&1-2 Step onto ball of left foot, cross right over left, make ¼ turn right stepping back on left
3&4 Kick right forward, step back onto right behind left, touch left toe forward
5-6 Press weight onto ball of left, push weight back onto right as you kick left forward
7&8 Cross left over right, step right back, step left to side

BENDS KNEES, FLICK, BEHIND SIDE CROSS, TOUCH, FLICK, SLOW JAZZ BOX ¼ TURN LEFT

&1-2 Bends right knee in towards left, bend left knee in towards right, kick right out to side
3&4 Cross right behind left, step left to side, cross right over left
&5-6 Touch left beside right, flick left out to left side, cross left over right
7-8 Make ¼ turn left stepping back on right, step left to side

REPEAT
